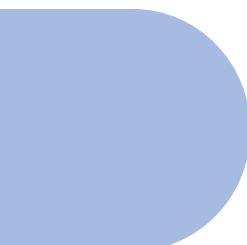


**LES FRANQUESES
DEL VALLÈS**



CANDIDATA A VILA
EUROPEA DE L'ESPORT

2024



**Bid file European
Town of Sport
Candidate 2024**

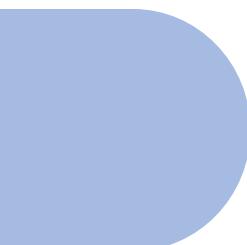


**LESFRANQUESES
DELVALLÈS**



CANDIDATA A VILA
EUROPEA DE L'ESPORT

2024



Les Franqueses del Vallès is a unique municipality that preserves tradition and works for progress because we understand that they are two complementary concepts. Its territorial distribution also adds value to its uniqueness: we are five villages and one municipality. Located in the Vallès Oriental region, it has become a benchmark in many aspects, but it is worth highlighting the sports one. We have worked intensively over the years both at the projects' side and sports infrastructures with the aim of working on essential aspects such as health or social cohesion.

In fact, sport has been one of the most important vehicles for achieving a cohesive municipality among the diverse population that makes up a territory of five distinct towns. That is why we consider les Franqueses an exemplary candidate to become a European Village of Sport. We have the ability to promote healthy lifestyle habits through exercise. In les Franqueses we have more than forty sport entities, an unequivocal proof that the municipal sports policy has made it a priority to position this practice as an essential tool for health, social cohesion and culture. A transversal tool that is indispensable at any age. It is in this sense that it is very important that everyone has access to the sports practice that best suits their needs. That is why we have been weaving over time an educational and growth model through exercise that has been very important for both children and adults.

Following this premise of enhancing the values that sport brings us such as effort, team building, work together,... les Franqueses has designed a municipality to make this possible. Currently, we are home to all kinds of organizations, from football and handball to paddle and cycling, archery and twirling. Varied sports for a plural society that has been able to coexist and grow the more sporting side. And all this has also been possible thanks to the deployment of different equipment that has been able to respond to this entire network with the aim of making sport a point of reference in the day-to-day life of our citizens.

We believe in sport as a development tool. In this sense, les Franqueses has carried out actions aimed at achieving the Sustainable Development Goals (SDGs) of the 2030 Agenda promoted by the United Nations and whose purpose is the eradication of poverty, the fight against inequality and injustice while tackling climate change and environment protection. And what does sport have to do with the SDG's? Well, a lot. Because through sport we promote a healthy life; we promote learning opportunities without distinctions; we work for the empowerment of women and work to eliminate differences due to gender; we propose an inclusive offer where no one is excluded... So I refer again to the opportunity that sport represents to contribute values to an egalitarian, equitable, inclusive, plural and open society.

For all these reasons, I consider that Les Franqueses meets all the essential requirements to be European Village of Sport 2024.

Francesc Colomé

Mayor of Les Franqueses del Vallès





Index

General Information	9
Sports Organization	19
Sports Facilities	29
Sports Association Sector	59
Sports Events	67
Sports Programs	87
Agreements & Partnerships	95
The Candidature for European Village of Sport	103
Communication	113



General Information

Les Franqueses del Vallès



Les Franqueses del Valles is a very diverse municipality where the different cultures and ways of living define its character. It is a friendly and well-connected municipality with friendly urbanism, green spaces and facilities designed for all people, so that they can have an active and healthy life. At Les Franqueses, we are committed to ensuring that everyone finds their space, regardless of age, culture and social status.



Les Franqueses General Information

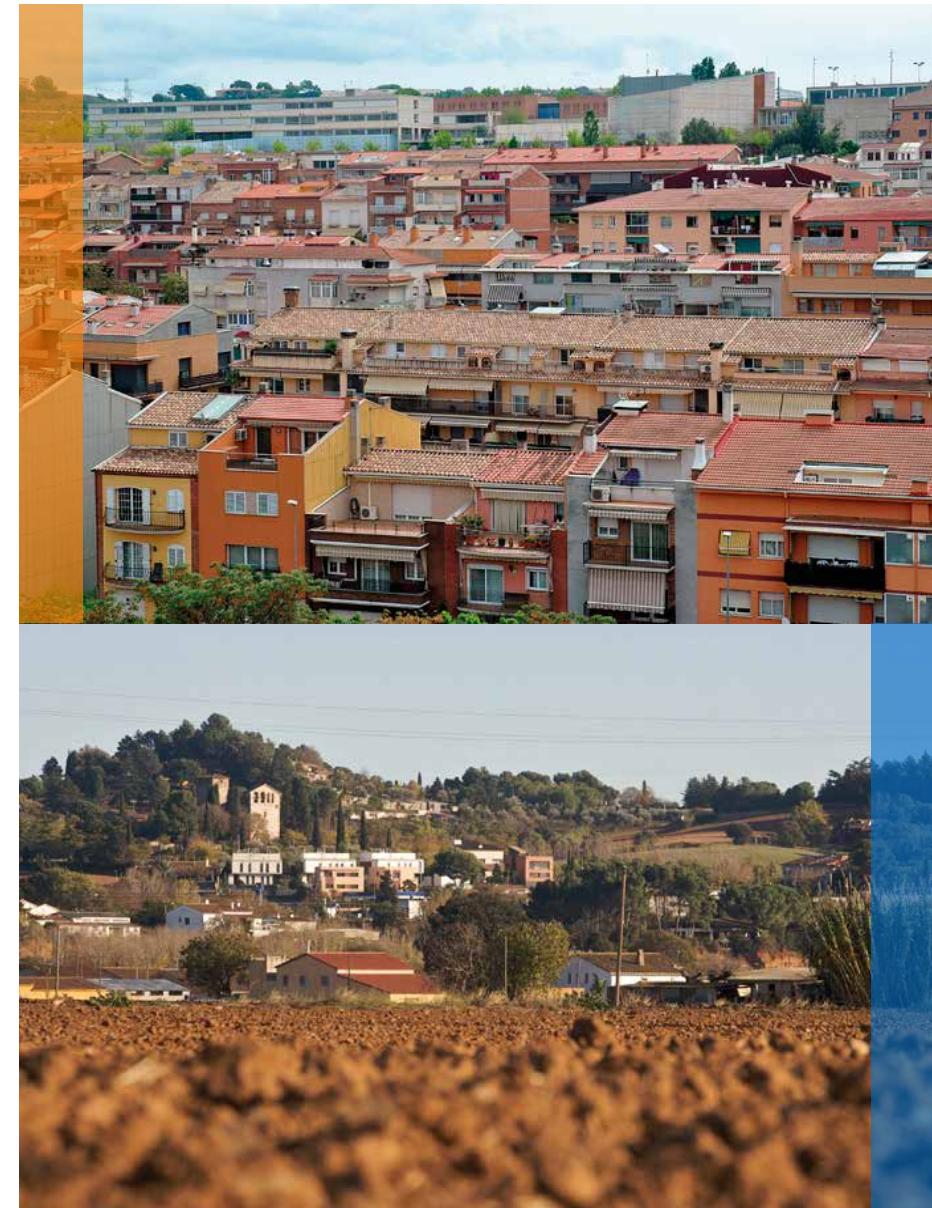
Description

The municipality of Les Franqueses del Vallès is located in the region of Vallès Oriental (Catalonia), and next to its regional capital, Granollers. The municipality is formed by the towns of Corró d'Avall, Bellavista, Llerona, Corró d'Amunt and Marata. Its population is just over 20,000 inhabitants. The municipality is located at 232 m above sea level and has an area of 29,45 km². It has traditionally been an agricultural municipality, but due to its proximity to Granollers and Barcelona, it has also grown a lot at an industrial level, especially in the chemical, metallurgical and textile sectors. The municipality is currently a major producer of the prized crocheted bean.

The population of the municipality was 1,880 inhabitants in 1888. It continued to increase in the following years with 2,118 inhabitants in 1930.

Between 1960s and 1970s the municipality grew from 2,600 inhabitants in 1960 to 5,555 in 1970, due to a strong immigration avalanche.

In 1975 there were 7,438. The urban center of Bellavista, which appeared around those years, has grown to have more than 8,000 inhabitants recently and was the most populated center in the municipality for many years. Currently, however, it is Corró d'Avall.



Today (November 2022) the population of Les Franqueses is 20,646 inhabitants distributed as follows:

Corró d'Avall (9,664)

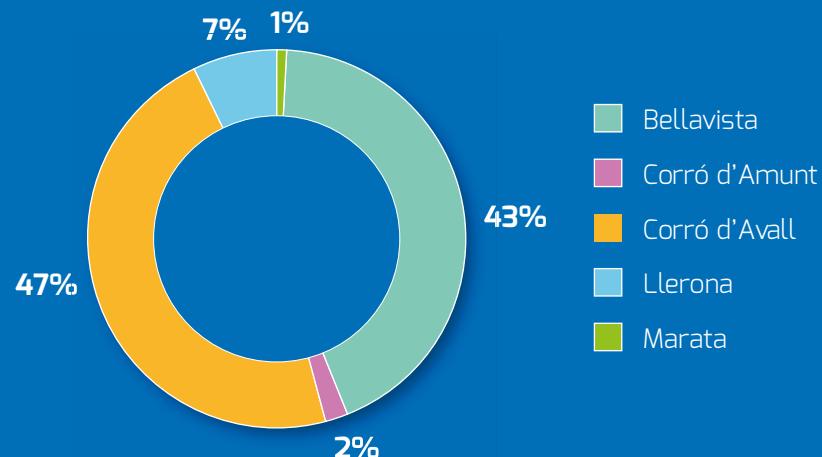
Bellavista (8,871)

Llerona (1,482)

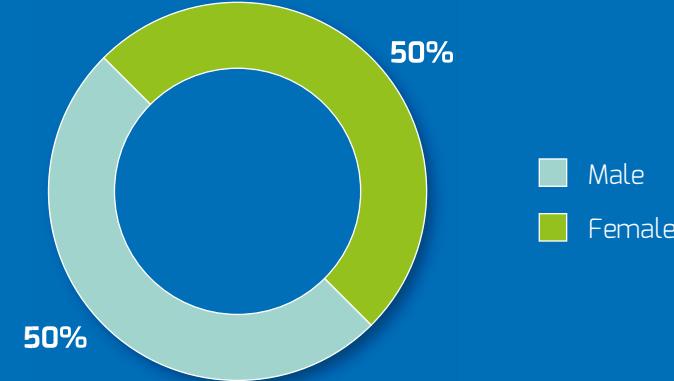
Corró d'Amunt (446)

Marata (183)

Inhabitants distribution



Legend:
■ Bellavista
■ Corró d'Amunt
■ Corró d'Avall
■ Llerona
■ Marata



Legend:
■ Male
■ Female

Situation

The municipality of Les Franqueses del Vallès is in Catalonia, in the center of the region of Vallès Oriental. It borders to the south with the municipality of Granollers, to the north with those of la Garriga and Cànoves and Samalús, to the east with the municipalities of Cardedeu and la Roca del Vallès, and to the west with those of Canovelles and l'Ametlla del Vallès.



How to get to Les Franqueses del Vallès

By plane

Barcelona airport is at 54km away (about 50 minutes by car)
Girona airport is at 63km away (about 45 minutes by car)

By train

Les Franqueses have 2 stations:

- Granollers Nord (Bellavista) with line R2.
From Maçanet to airport
- Les Franqueses del Vallès with R3.
From L'Hospitalet del Llobregat to Puigcerdà

Both lines allows you to get to Barcelona center and connect with other stations

By car

Main access are:

C17 from Barcelona to Vic with 3 different access to our town

C33 from Barcelona to Parets

AP7 From Granollers to France

By Bus

Day:

- Barcelona (Fabra i Puig)-Granollers-Vic line
(lines 401, 402, 450)
- Granollers-La Garriga line

Night:

- Barcelona-La Garriga line

By sea

Through Barcelona port and then by car, train or bus to the town

How to get around Les Franqueses del Vallès

Foot

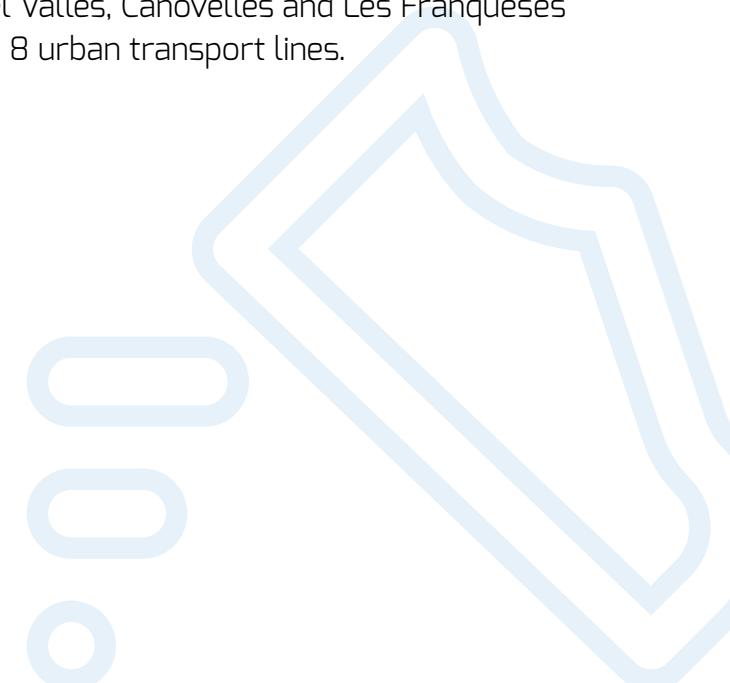
Les Franqueses is big in extension and have 5 different centers. For each of them you can walk.

Cycling

The municipality is mainly flat with a lot of routes to go from one point to another one. The strategic bicycle plan has been approved during this year 2022. It will be carried out in the next 5 years and will allow connecting Les Franqueses with the neighboring towns and with all the municipal facilities.

Bus

We are inside the urban transport service of the municipalities of Granollers, La Roca del Vallès, Canovelles and Les Franqueses (Transgran). There are 8 urban transport lines.



Main attractions

Ajuntament I Antigues Escoles

Town Hall and Old Schools. Modernist building from 1912, work of the architect Albert Joan i Torner, remarkable in our architecture. Given to the municipality by Joan Sanpera i Torras. It is currently the main building of the Franqueses del Vallès Town Council. The complex is declared a Cultural Property of National Interest (BCIN).



Església de Santa Coloma de Marata

Dated to the 11th century. It consists of three naves, two of which, the side chapels, were added later. The apse is semicircular. During one of its restorations, the pre-existence of prior buildings to the church was confirmed.



Església Sant Mamet Corró D'Amunt

It dates from the 11th century, but was later transformed. One of the walls preserves the primitive style. It has a single nave and a square apse.



[Església de Santa Maria de Llerona](#)

The parish is documented in the 10th century, but the current building is a fortified medieval construction with two 15th-century rectangular towers with a roof and loopholes. However, it preserves previous remains such as the portal, which is Romanesque. It is declared a Cultural Property of National Interest (BCIN).



[Església de Santa Eulàlia de Corró d'Avall](#)

The old Romanesque church of the 12th century, located in the Sagrera neighborhood, was burned down during the civil war and subsequently demolished, so that only the portal remains. The current one was designed by the architect Antoni Fisas and dates from 1954. It is a church with a Greek cross plan characteristic of ecclesiastical architecture influenced by the Florentine style of Brunelleschi.



[Torre de Seva](#)

Fortified farmhouse of medieval origin, in Marata. Supposedly built by Bertran de Seva in the 14th century, it was renovated in the 20th century. There are several Gothic windows. The main window, from 1561, is Renaissance. In front of the tower, there is a chapel dedicated to Sant Abdó and Sant Senén. The current complex is declared a Cultural Property of National Interest (BCIN).



[Parc del Falgar I la Verneda](#)

The park is a landscape restoration project of the Xarxa Natura 2000 program. One of the spaces that has been worked on is an artificial ponds with a special area for nesting birds. The park has an extension of 171.000 square meters with areas for children to play, walk, rest and picnic.



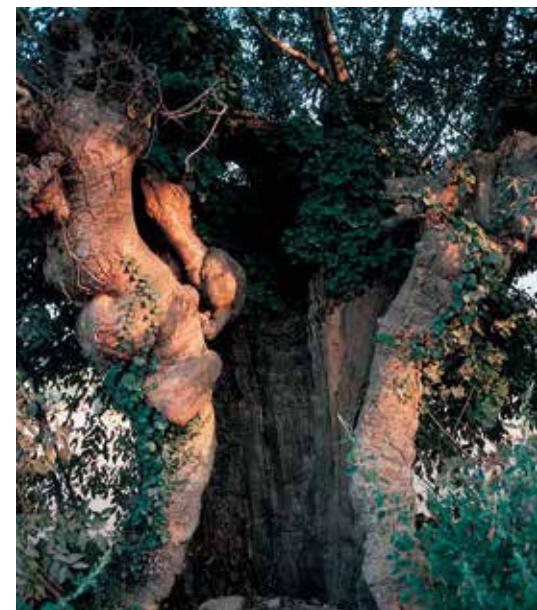
[Parc del Mirador](#)

Renovated in 2017, is a park with great views at the high part of Bellavista.



[Lledoner Centenari](#)

Located on the pathway of Can Ramon Coix, in Corró d'Avall, the century-old lledoner presents the trunk completely hollowed out inside and open from top to bottom on one side. The morphology of its trunk is a clear silent witness to the passage of time, which has gradually modified its condition.







A photograph showing the backs of four people jogging through a park. On the left, a man wears a tan bucket hat and a white t-shirt. In the center, a man wears an orange t-shirt with an Adidas logo and the text '#boostgranollers'. To his right, a woman wears a pink tank top and a pink skirt. On the far right, another woman wears a red tank top and black pants. They are running on a path surrounded by trees.

Sports
Organization

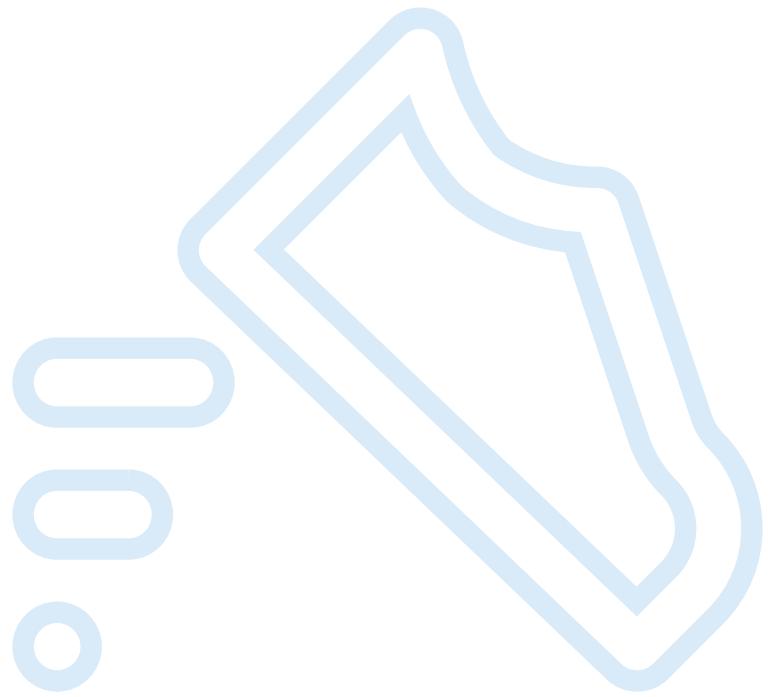
Patronat Municipal d'Esports, is the responsible area for the sports promotion and is working to create a municipally that offers sports and physical exercise opportunities accessible to the whole population. Also we work hand by hand with the clubs and entities to enlarge the town offer.



Sports Organization

Commitment

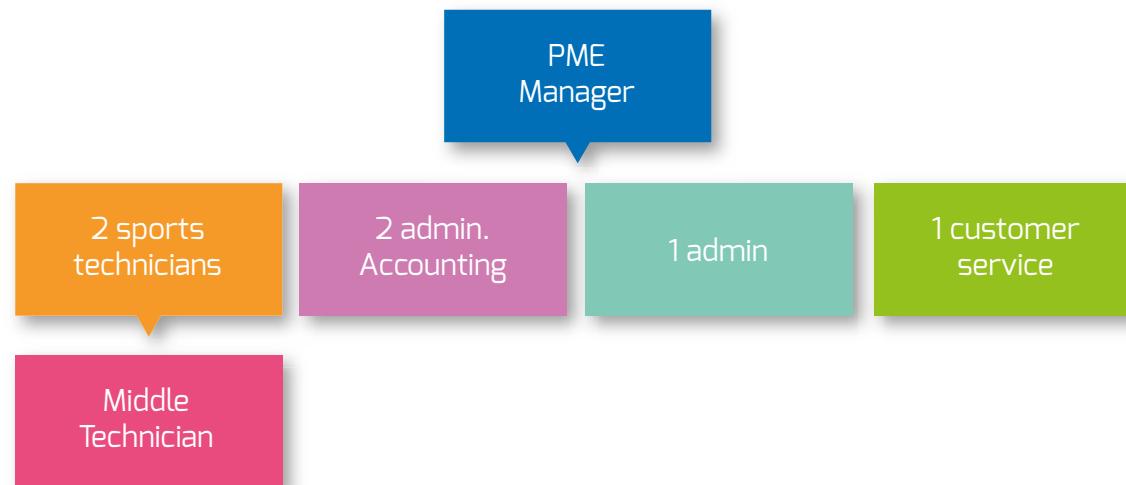
Town Council of les Franqueses del Vallès, in accordance with the powers that, by law, are attributed to it, and aware that sports practice has a high quality of educational, moral, social, integrative and affective values, in addition to contribute to improving the quality of life of citizens, offers the entire population a wide range of activities that, in accordance with the interests and aptitudes of each one, affect both the training and recreational aspects as well as the more competitive ones.



Sports Organization

In Les Franqueses, Sports is very important as it is Culture and education. For this reason we have a separate area, the Municipal Sports Office, created in 1982 and supervised by the Town council, with its own statutes and management bodies. The name is Patronat Municipal d'Esports (PME). It has capacity to administer and manage municipal services specific to the sports field.

In here we have different people working:



We also have

- 2 operators for maintenance of installations
- 2 janitors for the pavilion



Main Goals

- Exercise the powers that current legislation attributes to the Town Council in sports matters.
- The planning, promotion, construction, management and administration of sports facilities.
- The promotion, development and organization of sports programs and activities, both in the fields of training and leisure and also competitive side.
- The coordination of local sport and its sports entities.
- The operation or administration of the complementary services that are located in the sports facilities managed by PME.
- Make it easier for everyone, but mainly for the population of Les Franqueses del Vallès, the preferential use of the municipal sports facilities for educational and recreational purposes.
- Promotion of sports acts and events in collaboration (when needed) with local sports organizations and other organizations for everyone (from school children to elderly).
- Support for local sports organizations.
- Organize summer activities for children on school vacation. Program called "Juliol esportiu" that includes multisport activities during all mornings of July.

Budget

The budget on current expenses assigned to the sports Department for year 2022 is:

Budget 2022: 1.924.347€



Main Investments done in the last years

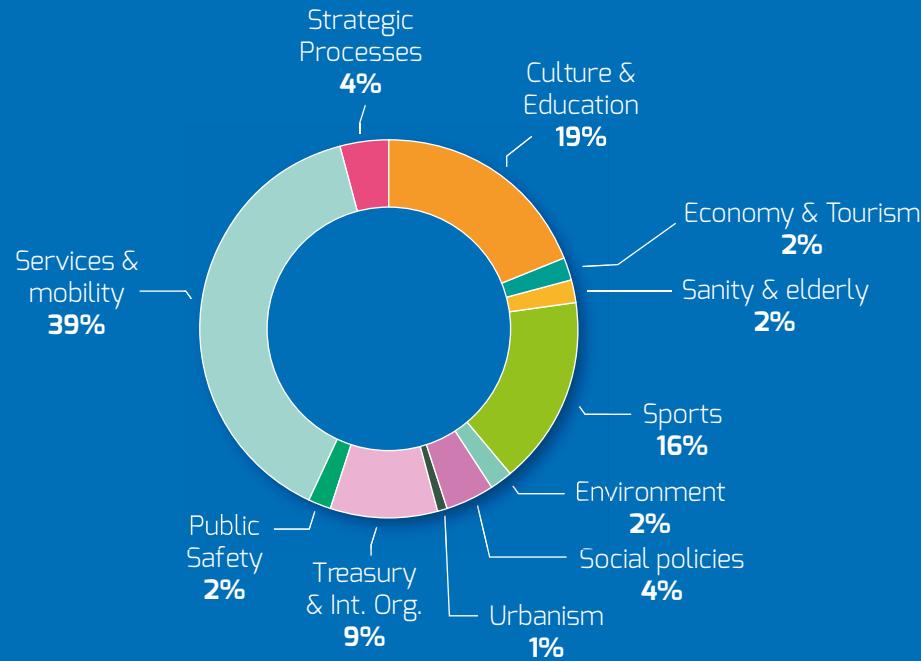
New grass on the Llerona soccer's field	+ 320.000€
New service building in LF soccer field	+ 450.000€
Lighting Archery outdoor field	+15.000€
Improvements on actual pavilion	+ 500.000€
Cycling Circuit	+ 50.000€
Outdoor installations	+18.000€



Main Investments Budget 2022

new pavilion	+ 4.000.000€
2 simulators	20.000€
Arrangements new building for sport uses	30.000€
Others	40.000€

The total budget on current expenses for Les Franqueses is 11.783.000€. From this amount, **16% is dedicated for promoting sport and a healthy lifestyle**



The global **investment Budget** last year was 9.170.150€. From this **45,15%** is dedicated to the sport area

Sports Projects in the last 2 years

The PME works daily with the aim to improve the sports facilities, the sports offer and the number of activities offered around the year.

We also work to be a good partner for all sport clubs and entities that wishes to do a sport activity.
Taking into account all of these, in the last 2 years we have engage the following:

- Creation of the Municipal Cycling facilities
- Creation of cycling school
- 1st steps to create an athletics school
- Adaptation of outdoor facilities for free outdoor practice like soccer, basketball and volleyball
- Benchmarking with entities for the new pavilion design
- Census of local council sport facilities
- Work in Quality stamp



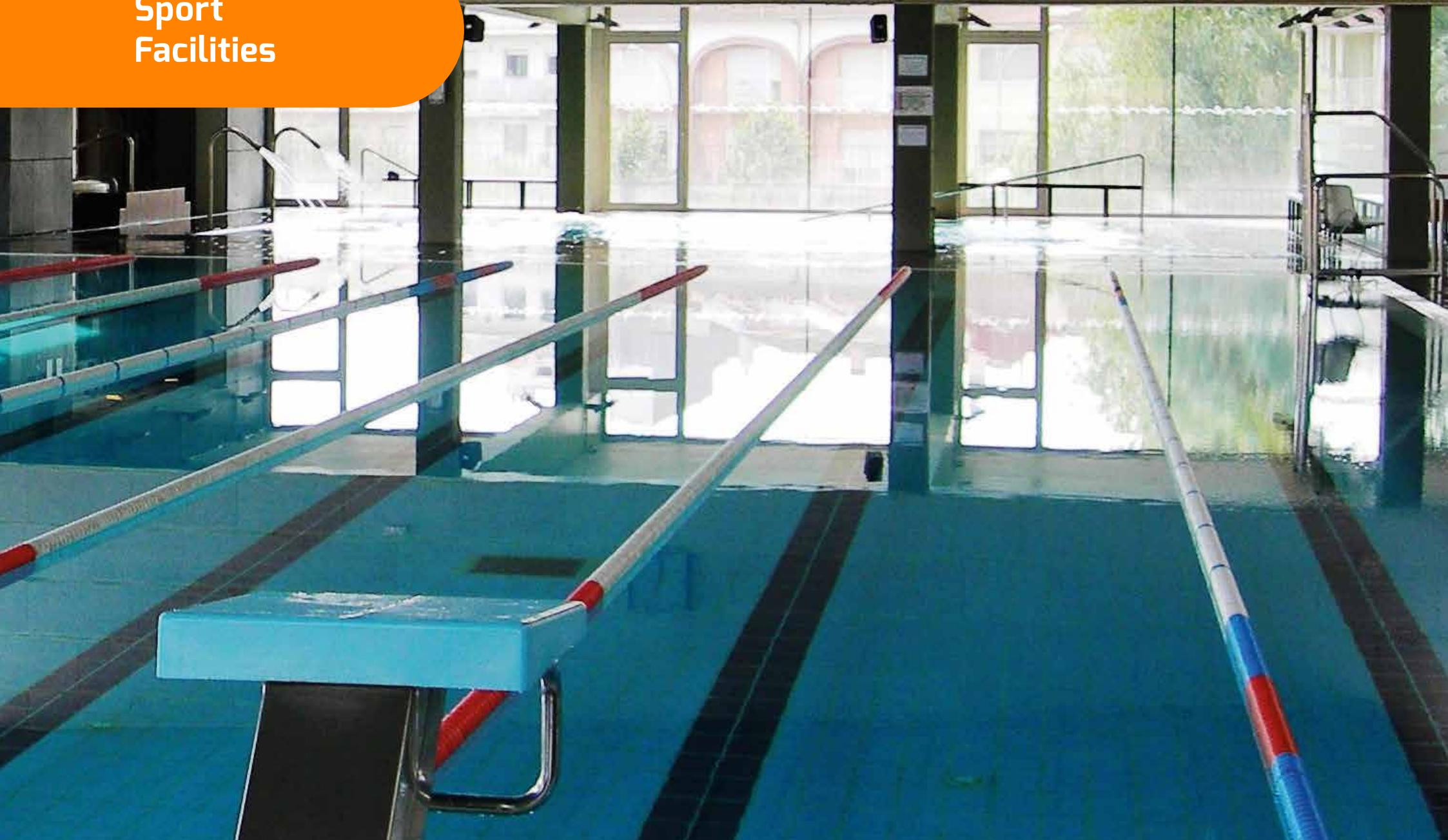
0759

1363
Biking





Sport Facilities



Installations in numbers

2 Pavilions

3 Football fields for F11

2 Football fields for F7

1 Cycling facilities

5 Pools

2 Multipurpose covered sports court

7 Public schools with sport facilities

1 Modeling center

3 Tennis courts

6 Paddle courts

3 Open sport areas

1 Archery indoor field

1 Archery outdoor field

23 Petanque courts

1 Handball beach court

2 Skate court

Installations in hours

Pavilion: +1.855 hours per year

Pavilion Can Prat: +2.156 hours per year

Soccer Field Corró d'Avall: +4.750 hours per year

Soccer Field Bellavista: +1.750 hours per year

Soccer Field Llerona: +3.125 hours per year

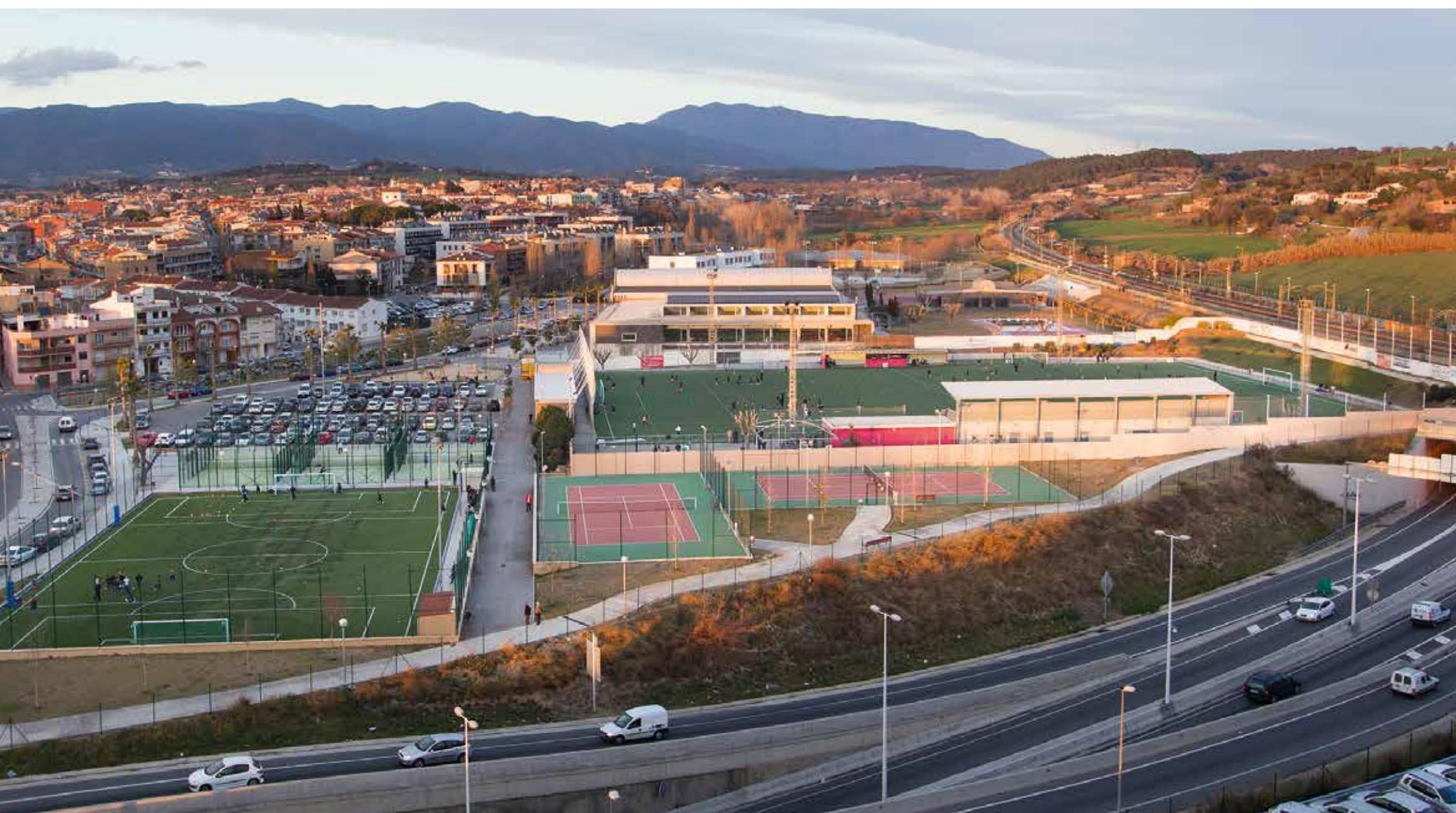
Soccer field Corró d'Amunt: +1.700 hours per year

Archery: +3.950 hours per year

Modeling: +2.200 hours per year

Cycling: +3.950 hours per year

Zona Esportiva Municipal de Corró d'Avall



This is a sports area located in Corró d'Avall. It is the biggest sport area in Les Franqueses with the water facilities. It also includes the first pavilion built in the municipality used mainly for the practice of basketball and handball. The racket courts are also located here.

How to get there:

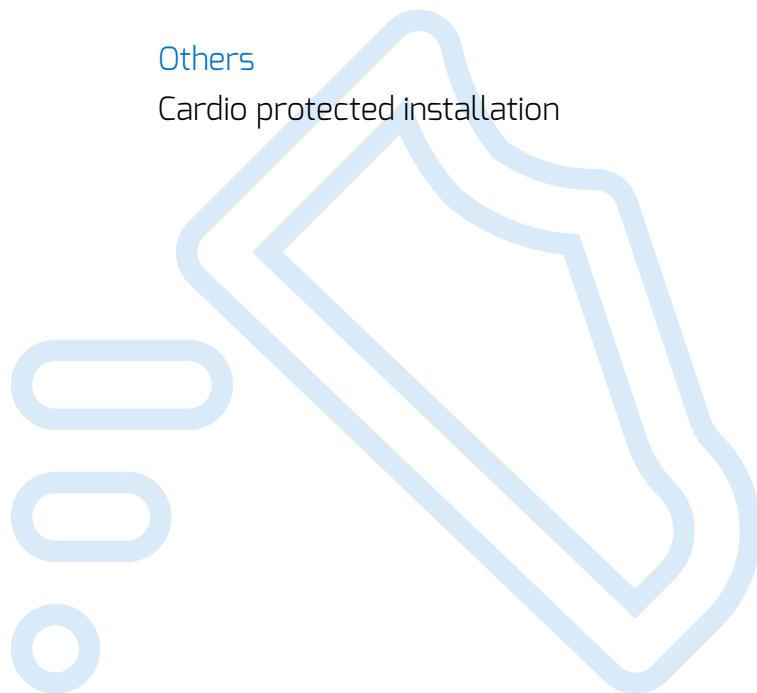
- Train: stop at Bellavista station (Les Franqueses-Granollers Nord). From there you have to walk less than 10 min
- Bus: stop on the Ribes road in front of Plaça de l'Escorxador (where the Music school is located), which is where you must take the Carrer de la Serra which also leads directly to the municipal sports facilities. Less than 5 minutes walking.
- There are 2 big parking lots for more than 200 cars. In an area of the parking we will be installing electrical charges for 4 cars at the same time.

Accessibility

Facilities are accessible for people with reduced mobility

Others

Cardio protected installation



COMPLEX ESPORTIU MUNICIPAL

Address: Zona Esportiva municipal, s/n. 08520 les Franqueses del valles

Opening Hours: Mondays to Fridays from 7.00 to 23.00. Saturdays from 8.00 to 22.00 and Sundays and bank holidays from 8.00 to 15.00

Number of members: 2.970

Installations:

1. Big indoor pool of 25 x 12,5 meters with a depth from 1,80 to 2,20 meters and a temperature between 27°C and 28°C
2. Small indoor pool of 12,5 x 10 meters with a depth from 1,00 to 1,20 meters and a temperature between 28°C to 30°C
3. Big outdoor pool of 25 x 12,5 meters with a depth from 1,40 to 2,20 meters
4. Medium outdoor pool of 12,5 x 10 meters with a depth from 0,70 to 1,20 meters
5. Small outdoor pool with 8 meters diameter and a depth of 0,30 meters
6. 6 fitting rooms with showers
7. Fitness room of 410m² with a capacity of 82 people
8. 2 Multipurpose rooms of 120 m² and 90 m² for 25 people and 50 people
9. Outdoor multipurpose area of 120m² for 20 people
10. Sauna, hydromassage and steam bath
11. 3 paddle courts
12. 3 tennis courts
13. 1 handball beach court
14. Bar and restaurant

Sports to practice: Swimming and artistic swimming, paddle, tennis and beach handball



CAMP DE FUTBOL DE CORRÓ D'AVALL

Address: Zona Esportiva municipal, s/n. 08520 les Franqueses del Vallès,

Opening Hours: Mondays to Fridays from 16,30 to 23.00. Saturdays and Sundays from 8.00 to 22.00

Number of people per year using the installation: 580 from our entities.

Installations:

1. Football field F11 with F11 and F7 goalposts
 - a. Artificial grass
 - b. Seats in stands: 250
2. Football field F7
 - a. Artificial grass
 - b. Seats in stands: 70

Sports to practice: Soccer F11 and F7



PAVILION

Address: Zona Esportiva municipal, s/n. 08520 les Franqueses del Vallès,

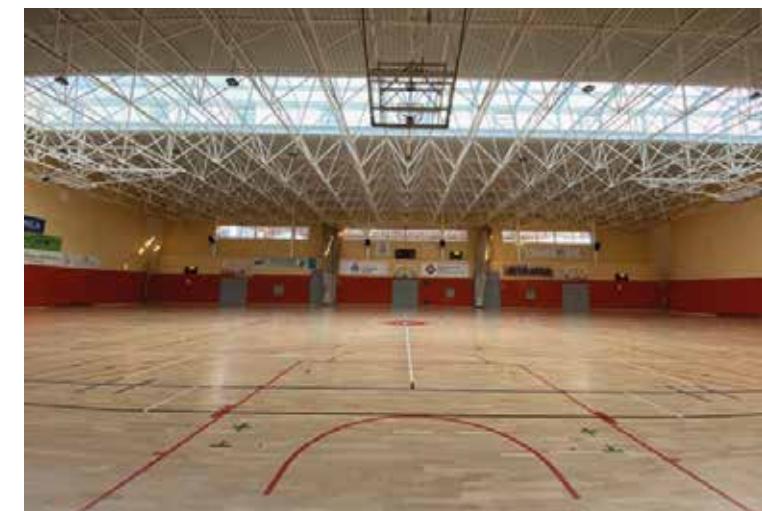
Opening Hours: Mondays to Fridays from 16,00 to 23.00. Saturdays and Sundays from 8.00 to 22.00

Number of members: 855

Installations:

1. Indoor field with
 - a. Indoor surface of 48x30m
 - b. 8 basketball hoops
 - c. 8 handball posts
 - d. 9 badminton fields
 - e. Parquet floor
 - f. Seats in stands: 260
2. Outdoor covered field of 44x26m
 - a. Outdoor surface of
 - b. 6 basketball hoops
 - c. Concrete pavement
 - d. tennis court
3. Fitting rooms

Sports: basketball, handball, badminton, figure skating, Twirling and futsal



Zona Esportiva Municipal de Bellavista



This is a sports area located in Bellavista. The area is in front of CCB (Cultural center of Bellavista) and next to one of the primary schools we have on the municipality.

How to get there:

- Train: stop at Bellavista station (Les Franqueses-Granollers Nord). From there you have to walk less than 10 min
- Bus: stop on Plaça Espanya, next to the train station.
- There is a parking lot for 50 cars next to the installation.

Accessibility

Facilities are accessible for people with reduce mobility

Others

Cardio protected installation

ZONA ESPORTIVA MUNICIPAL DE BELLAVISTA

Address: Carrer de Maria Elena Maseras, s/n. 08521 Les Franqueses

Opening Hours: Mondays to Fridays from 16.00 to 22.30. Saturdays and Sundays depending on the sports competitions

Number of people per year using the installation: 260

Installations:

1. Football field F7 with artificial grass
2. Seats on stands: 100
3. Basket ball court with concrete pavement
4. Bar

Sports:

Soccer



Zona Esportiva Municipal de Corró d'Amunt



This is a sports area located in Corró d'Amunt. The area is in the center of the village in front of the social place.

How to get there:

- Car
- There is a parking lot for 200 cars next to the installation.

Accessibility

Facilities are accessible for people with reduced mobility

Others

Cardio protected installation

ZONA ESPORTIVA MUNICIPAL DE CORRÓ D'AMUNT

Address: Carretera de Canovés, s/n. 08520 Les Franqueses

Opening Hours: Mondays to Sundays from 09.00 to 22.30.

Number of people per year using the installation: 465

Installations:

- | | |
|--------------------------|----------------------------|
| 1. Football field F11 | 4. 2 ping pong tables |
| a. with artificial grass | 5. 1 outdoor covered field |
| b. F7 and F11 goalposts | a. Surface of 44x22m |
| c. Seats on stand: 375 | b. Perimeter fence |
| 2. 2 paddle courts | c. 6 basketball hoops |
| 3. 5 petanque courts | d. Cement pavement |
| | 6. Bar and restaurant |

Sports: Soccer, paddle, ping pong, petanque, roller hockey and skating



Zona Esportiva Municipal de Llerona



This is a sports area located in Llerona. The area is next to the church. It is surrounded by fields and nature. You can see Montseny mountain and Turó de l'home from the field.

How to get there:

- **Bus. Stop in the center of the tow, It is at 5 minutes walking**
- **Car**
- **There is a parking lot for 200 cars next to the installation.**

Accessibility

Facilities are accessible for people with reduce mobility

Others

Cardio protected installation

ZONA ESPORTIVA MUNICIPAL DE LLERONA

Address: Parròquia de Santa Maria de Llerona, s/n. 08520 Les Franqueses

Opening Hours: Mondays to Fridays from 17.00 to 23.00. Saturdays and Sundays depending on the sports competitions

Number of people per year using the installation: 580

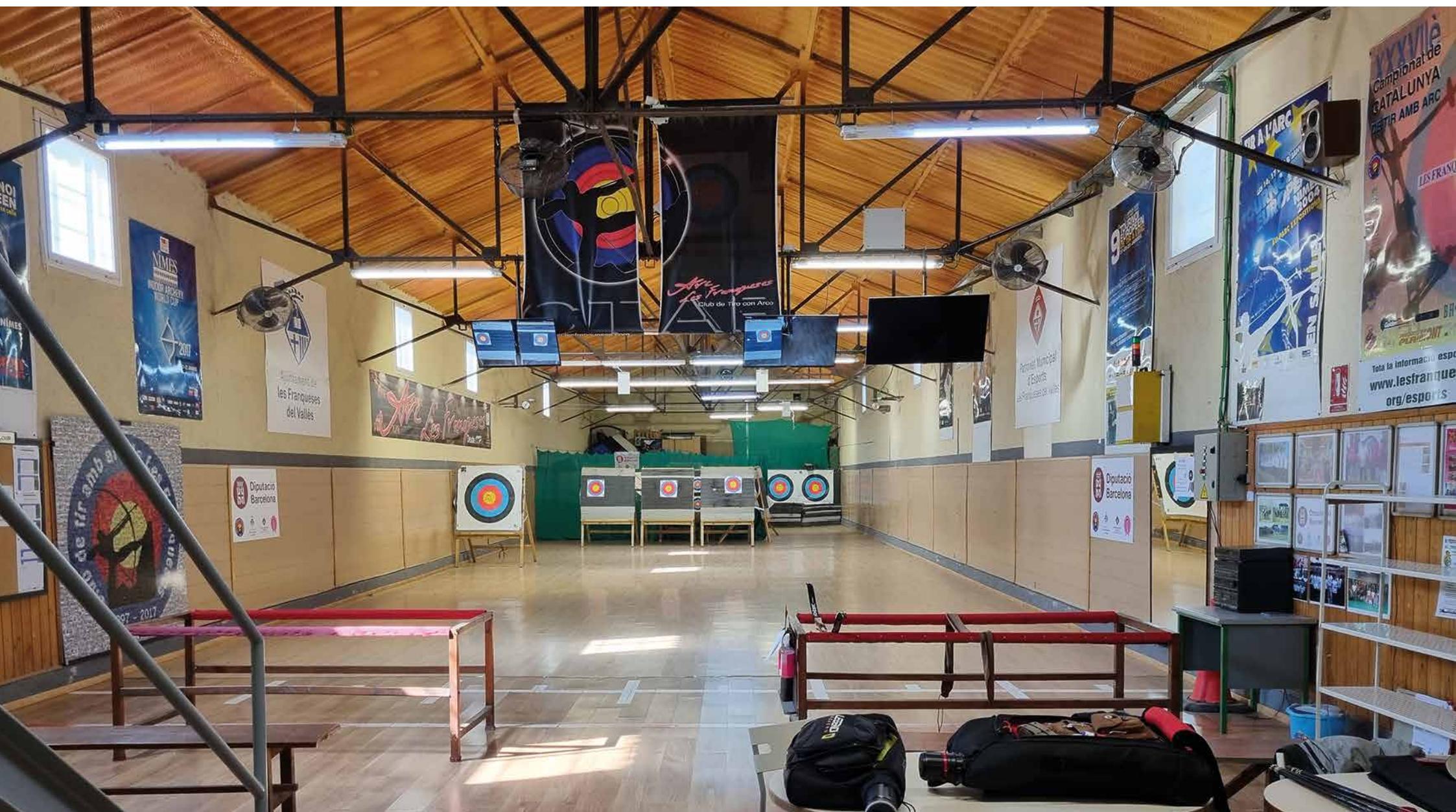
Installations:

1. Football field F11
 - a. with artificial grass without rubber
 - b. F7 and F11 goalposts
 - c. Seats on stand: 100
2. 1 paddle court
3. 4 petanque courts
4. 1 Multifunction court with pavement and free access
 - a. Futsal
 - b. Basketball
 - c. Skating

Sports: Soccer, paddle and petanque



Archery Indoor and Outdoor Installations



**This is a sports area located in Corró d'Avall. The area is in the old military dependencies. It is well connected with the center of Les Franqueses and in the coming months a direct connection will be done under the train tracks
The outdoor building is in the back part of the installation**

How to get there:

- Bus. Stop in the center of the tow, It is at 5 minutes walking
- Train, Line R3 and stop in Les Franqueses center.
- Car
- There are 2 parking lots close to the area for 150.

Accessibility

Facilities are accessible for people with reduce mobility

Others

Cardio protected installation

ARCHERY INDOOR AND OUTDOOR INSTALLATIONS

Address: Carrer Sant Isidre s/n, nau 6 (antigues naus militars). 08520 Les Franqueses

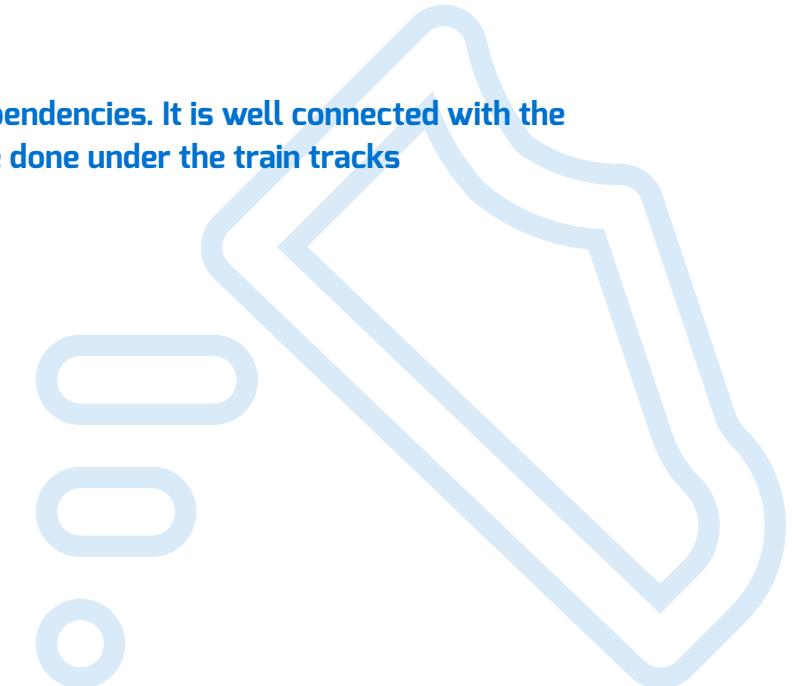
Opening Hours: Mondays to Sundays at any time for members

Number of people per year using the installation: 150

Installations:

- 1. Indoor court 32x20m
 - a. 10 lines of shooting
 - b. Distance 18m and 30m
- 2. Outdoor court
 - a. 20 lines of shooting
 - b. Distance from 12m to 90m
 - c. Toilets
 - d. Night lighting

Sports: Archery in all its modalities



Modeling Installations



This is a sports area located in Corró d'Avall. The area is in the old military dependencies. It is well connected with the center of Les Franqueses and in the coming months a direct connection will be done under the train tracks

How to get there:

- Bus. Stop in the center of the tow, It is at 5 minutes walking
- Train, Line R3 and stop in Les Franqueses center
- Car
- There are 2 parking lots close to the area for 150.

Accessibility

Facilities are accessible for people with reduce mobility

Others

Cardio protected installation

MODELING INSTALLATIONS

Address: Carrer Sant Isidre s/n, nau 5 (antigues naus militars). 08520 Les Franqueses

Opening Hours: Mondays to Fridays from 17 to 21h, Saturdays, Sundays and bank holidays from 9.30 to 13.30 and from 17 to 21h

Number of people per year using the installation: 130 members

Installations:

1. 6 permanent tracks of Rally-slot
2. 1 speed Ninco track with 8 lanes and 60 meters of rope for competition 1/32
3. 1 wood track with 6 lanes and more than 65 meters of rope for competition 1/24 and 1/28
4. 1 infantile track with 4 lanes and 20 meters of rope
5. 1 Raid slot track
6. 1 wood track with 4 lanes for Andros competitions
7. 4 simulators

Sports: modeling



Pavelló Espai Can Prat



This is a sports area located in the center of Corró d'Avall. The area is located in Espai Can Prat, a project that was the result of a participatory process carried out during 2013 and 2014. The building has a total space of 5.279 m² and heads a multi sports pavilion, a primary care center and a library

How to get there:

- Bus. Stop in front of the area
- Train, Line R3 and stop in Les Franqueses center and 5 min walking
- Car

Accessibility

Facilities are accessible for people with reduced mobility

Others

Cardio protected installation

PAVELLÓ ESPAI CAN PRAT

Address: Espai Can Prat, s/n. 08520 Les Franqueses

Opening Hours: Mondays to Fridays from 17 to 22h, Saturdays, Sundays and bank holidays depending on competition hours

Number of people per year using the installation: 380

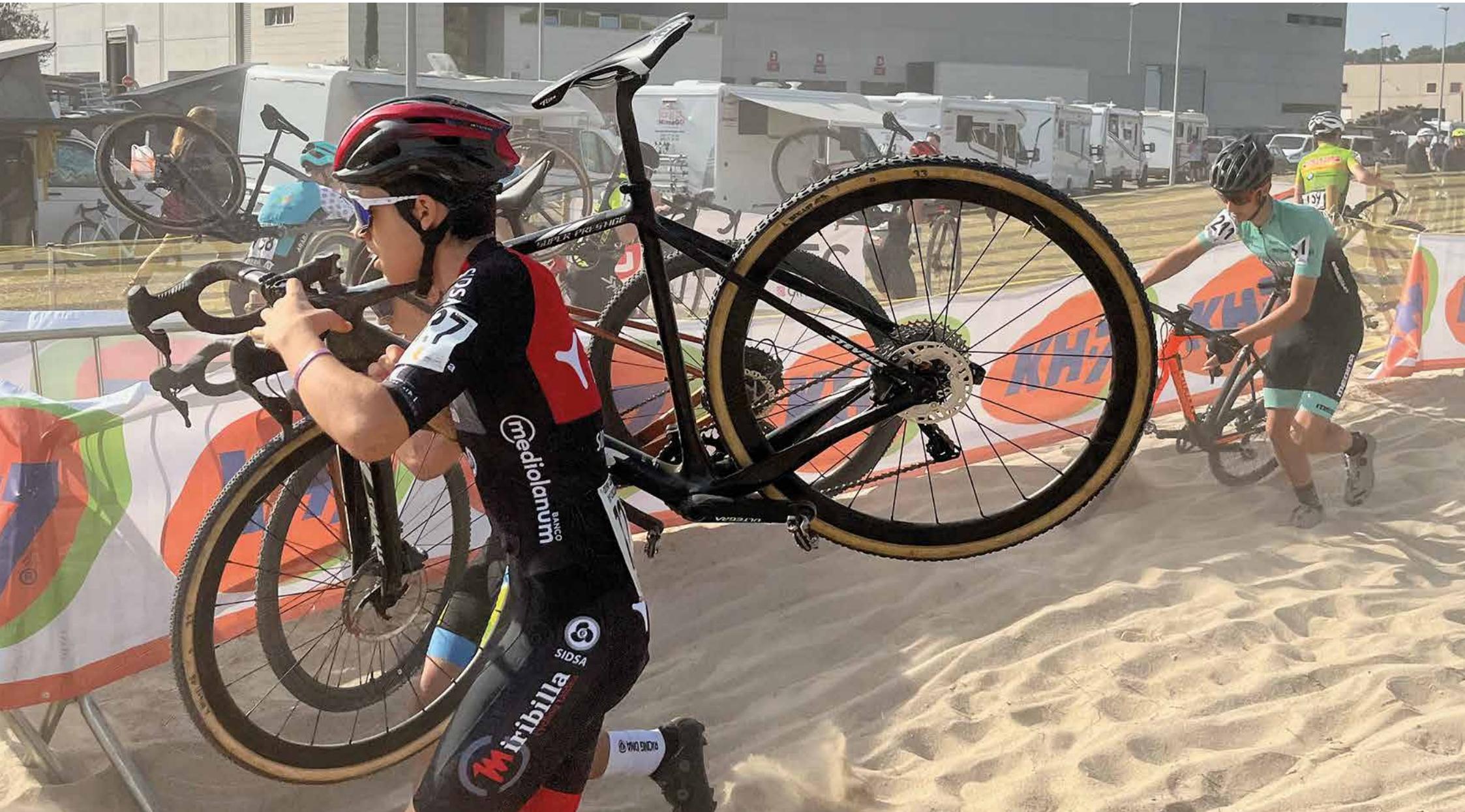
Installations:

- | | | |
|--------------------------------|------------------------|--|
| 1. Track | d. 2 basketball hoops | 4. Changing rooms |
| a. Surface of 32x20m | e. 3 volleyball courts | 5. Warm area |
| b. Pavement of synthetic floor | f. 2 handball goalpost | 6. Cafeteria |
| c. Pavilion height 15m | g. Badminton posts | 7. Big room of 85m ² with tatami for karate |
| | 2. Seats in stand: 150 | |
| | 3. Galleria | |

Sports: basketball, mini-handball, volleyball, badminton, karate and twirling



Zona Esportiva Municipal de Ciclisme



This is a sports area located in Llerona on the industrial area, with a permanent circuit for BTT and CX bikes

How to get there:

- Bus. Stop in Llerona center and walk 15 minutes
- Train, Line R3 and stop in Les Franqueses center and walk 20 minutes
- Car
- Bicycle (soon. Bicycle lane already designed)

Accessibility

Facilities are not accessible for people with reduced mobility

Others

Cardio protected installation

ZONA ESPORTIVA MUNICIPAL DE CICLISME

Address: Carrer Holanda, s/n. 08520 Les Franqueses

Opening Hours: Mondays to Sunday 24 hours

Number of people per year using the installation: 150

Installations:

- | | |
|-----------------------------|------------------------|
| 1. Pump track (BMX) | 3. Fountain |
| 2. Permanent circuit | 4. Light on pump truck |
| a. Distance: 4,5Km | |
| b. 100 meters of sand beach | |
| c. 2 jumps | |

Sports: BTT, CX, BMX, running



Pistes Municipals de Petanca



This is a sports area located next to Granollers

How to get there:

- Bus. Stop in Can Monich and walk 5 minutes
- Train, Line R2 and stop in Bellavista and walk 5 minutes
- Car

Accessibility

Facilities are accessible for people with reduced mobility

Others

Cardio protected installation

PISTES MUNICIPALS DE PETANCA

Address: Plaça Malagarba, s/n. 08520 Les Franqueses

Opening Hours: Mondays to Fridays from 16.30h to 22h. Saturdays and Sundays from 8 to 22h

Number of people per year using the installation: 50

Installations:

16 petanque courts

Bar and social place

Sports: petanque



Main improvements done in the last 2 years

1. Zona Esportiva Corró d'Avall

- a. Change of the F7 perimeter fence
- b. New F11 goal
- c. Expansion of the perimeter fence of the Summer Pool
- d. Ceiling insulation indoor multisport court
- e. Installation updated with legionella regulation
- f. Improve access to the Tennis changing rooms for the disabled

2. Zona Esportiva Bellavista

- a. Replacement goal nets
- b. Installation updated with legionella regulation

3. Zona Esportiva de Corró d'Amunt

- a. Benches
- b. New F7 goals
- c. New pavement on the outdoor court
- d. Relocation of perimeter fence
- e. Installation of a new anti-pigeon net
- f. Installation updated with legionella regulation

4. Zona Esportiva Llerona

- a. Game Analysis and Security Video Cameras
- b. Digital marker
- c. New goals
- d. Improvement of the perimeter wall and installation of a new fence
- e. Installation updated with legionella regulation

5. Archery

- a. External toilet
- b. Enlargement external field to 90m
- c. Lighting
- d. DEA protection

6. Modeling

- a. DEA protection

7. Can Prat

- a. Installation of fixed stage
- b. New fields for volleyball
- c. Installation updated with legionella regulation

8. Cycling

- a. Pump track construction
- b. Fountain
- c. Provisional lighting
- d. New nets
- e. Mowing machine

9. Petanca

- a. DEA protection
- b. Update of the cafeteria area

10. Nou espai esportiu Bellavista

- a. Installation of a volleyball court
- b. Installation of a 3x3 basketball court
- c. Installation of a perimeter fence of the outdoor futsal court.
- d. Maintenance and repair work on the outdoor sports court

The urban and natural Environment



Les Franqueses del Vallès is a privilege zone with 85% of its territory being forested and rural. People have discovered the richness and beauty of the territory during the pandemic and many of them make use of its landscape and natural paths and spaces to practice sports. One important place is Parc del Falgar with different areas in which sport can be practice but also health and leisure. It is integrated in Xarxa Natura 2000. The municipality also has urban areas with sports facilities that are free for use like skate parks and sports courts. But we also have the program "patis oberts" in which the recreation areas of schools are open during weekend for practicing sport in a secure area and free of charge

We have:

1. One inclusive forest circuit
2. Circuits for Elder people
3. Areas with outdoor fitness machines
4. Sport courts
5. Skate parks
6. Tennis table areas





BTT center (in progress)

It is a project promoted by the Regional Council, and led by les Franqueses, in which 8 towns are involved making up a distinct territorial unit known as "les Faldes del Montseny". These towns are:

- Les Franqueses
- Cànoves and Samalús
- Cardedeu
- La Garriga
- Llinars
- Sant Antoni de Vilamajor
- Sant Pere de Vilamajor
- Figaró-Montmany

A BTT Center is a free access space designed for BTT practitioners, with a minimum of 100 km of marked itineraries (by color according to level of difficulty -like the ski slopes-), which they leave from a reception point with tourist information and services for the bicycle. The aim is that any person, beginner or expert, can practice mountain biking with calm and at the same time get to know the richness of our landscape.

This project envisages that the Municipal Sports Zone of Corró d'Amunt will be the main reception point, with information and services for bicycles.







AJUNTAMENT DE
LES FRANQUESES DEL VALLÈS

Sports
Association
Sector



PATRONAT
MUNICIPAL D'ESPORTS
Les Franqueses del Vallès

**Clubs and entities are a very important asset for the sports success
on Les Franqueses. Without them, it would be impossible
to organize all the activities we do along the year.
Working together enriches both parties**



Association in numbers

40 Entities

1 NGO entity

24 Different sports

3 Entities with handicap teams

2.968 Athletes in our entities

1 Entity working solidarity programs

892 Female athletes

1 Entity with Olympic athletes

2.076 Male athletes

1 Entity with 169 fem soccer licensees

1.443 Athletes under 16

1 Entity dedicated to social integration

1.525 Athletes over 16

The most important partner of Patronat Municipal d'esports are the different clubs and entities we have in Les Franqueses.

Entities are essential for the sports development on the municipality.

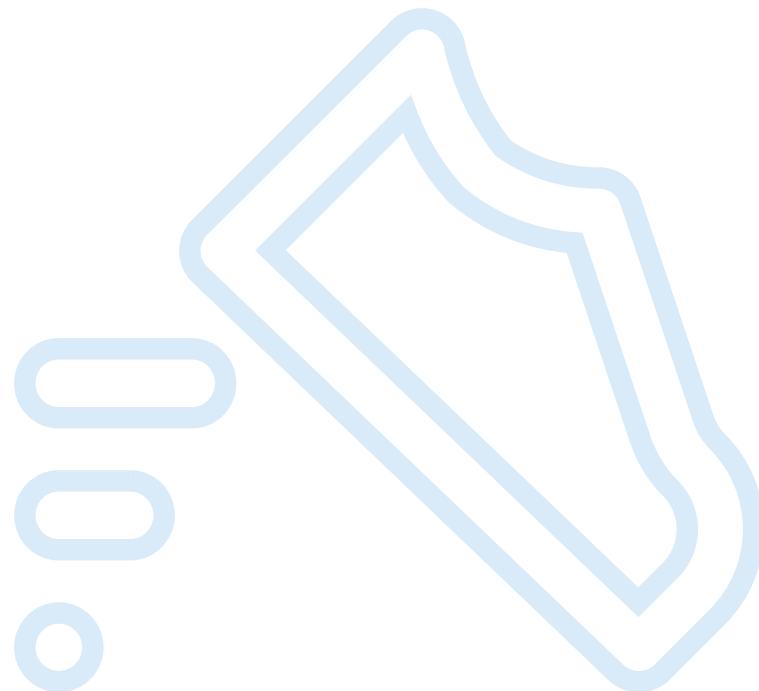
More than 40 clubs and entities are registered representing a big variety of sports from the classical ones as football or basketball to minority sports like archery or rolling skate. Also some of them are high level competition and others are focus on social integration and values education. We also have entities involve in solidarity actions and one entity that is the first Football club being an NGO doing cooperation projects in Africa.

PME give support to entities in the following ways:

- Use of local facilities with no cost for doing their activities
- Annually grants base on:
 - Promotion of sports at training level
 - Promotion of women's sport
 - Social integration
 - Promotion of diversity sport
 - Organization of tournaments and activities
 - Participation on municipally activities
- Co-Organizing clubs activities



Our main goal is to be next to the entities



Sports Clubs

TENNIS

CLUB TENNIS ELS GORCHS
CLUB TENNIS LES FRANQUESES

HANDBALL

A.E.HANDBOL LES FRANQUESES

CANICROS

CLUB CANICROS LES FRANQUESES

ARTISTIC SWIMMING

CLUB NATACIÓ LES FRANQUESES

VOLLEYBALL

CLUB VOLEIBOL LES FRANQUESES

RUNNING

A.E. GRUP FONDISTES BELLAVISTA
CLUB D'ATLETISME A 4 EL KM.

PADDLE

PÀDEL CLUB CELTIC LES FRANQUESES

SOCER

A.E. VETERANS BELLAVISTA MILAN
A.E.RAMASSÀ
C.F. LES FRANQUESES
C.F.BELLAVISTA-MILAN
CLUB ESPORTIU LLERONA
U.S.CORRÓ D'AMUNT

PETANQUE

CLUB PETANCA BELLAVISTA
CLUB PETANCA CORRÓ D'AMUNT
CLUB PETANCA LES FRANQUESES

CHEERLEADING

AE.DINASTY CHEERLEADING I
GIMNÀSTICA RÍTMICA LF

AMERICAN FOOTBALL

C.F.AMERICÀ FENIX VALLÈS

ARCHERY

CLUB DE TIR AMB ARC LES FRANQUESES

SKATING

CLUB PATINATGE ARTÍSTIC
LES FRANQUESES

CYCLING

CLUB CICLISTA CORRÓ D'AMUNT
UNIÓ CILCISTA LES FRANQUESES

HUNTING

SOCIETAT DE CAÇADORS
LES FRANQUESES

OTHERS

ASSOCIACIÓ EN MARXA
ASSOCIACIÓ ESPORTIVA POMPEU FABRA
ASSOCIACIÓ ESPORTIVA,CULTURAL
I SOCIAL VALLÈS ORI.
ASSOCIACIÓ LAURONA ESPORTS

MARTIAL ARTS

C.E.KARATE NOKACHI LES FRANQUESES
CLUB ESPORTIU OKAMISHIN BELLAVISTA
CLUB ESPORTIU SHIHO-WARI

CHESS

CLUB D'ESCACS LES FRANQUESES

HOCKEY ON SKATES

CLUB HOQUEI LES FRANQUESES

SPORTS DANCE

CLUB TWIRLING LES FRANQUESES

BOWLING

SWEETRADE BOWLING CLUB
LES FRANQUESES

BASKETBALL

CLUB BÀSQUET LES FRANQUESES
ASSOCIACIÓ VALLÈS ORIENTAL BÀSQUET

MODELING

CENTRE MODELISME LES FRANQUESES

CATALAN SKILLS

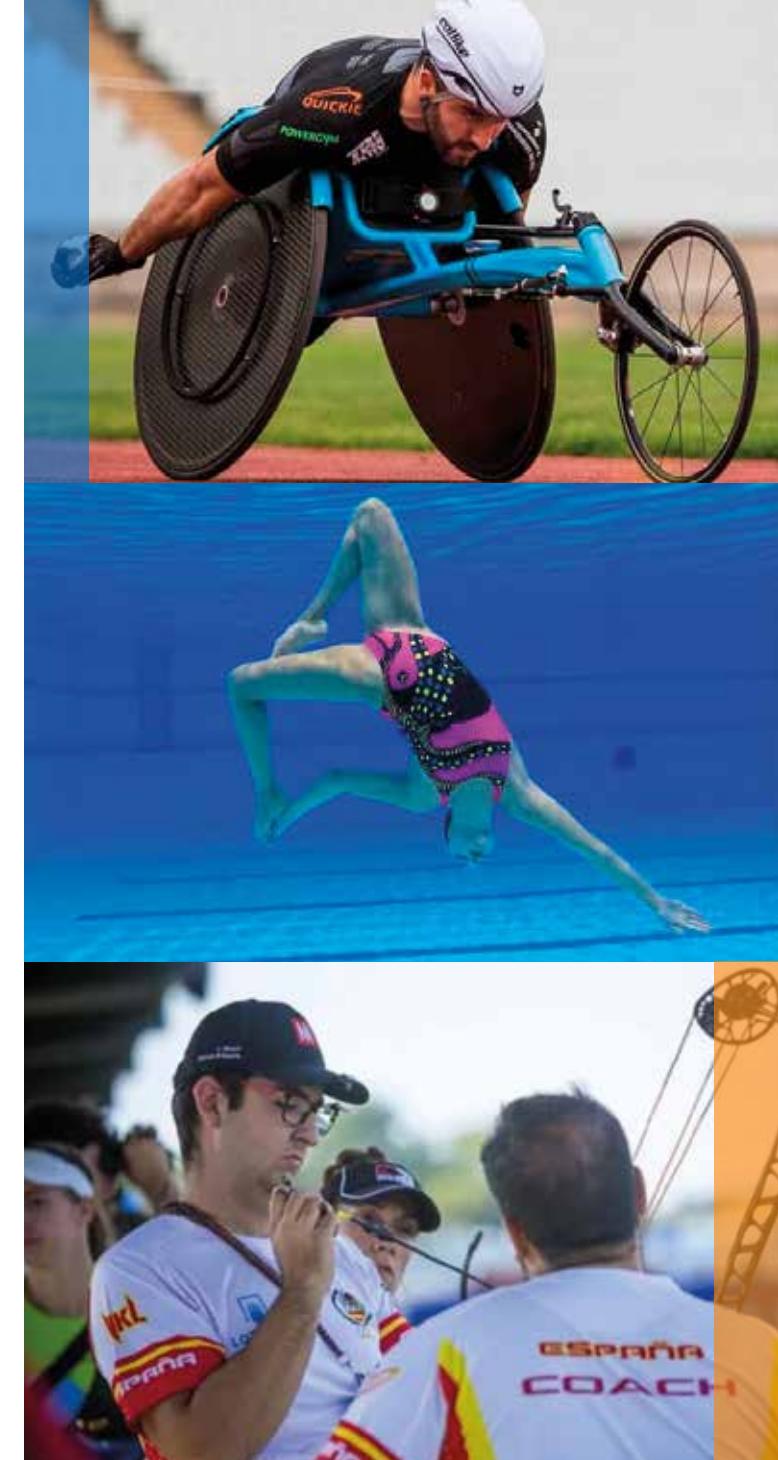
A.E.LA PERESTOIKA

The number of entities in Les Franqueses is big considering the population we have.

Almost all of them are on competition with a big volume of teams and athletes competing.

We would like to **highline** the following **athletes**, teams and entities:

- Club Natació Les Franqueses with **Meritxell Mas**, an athlete at the Artistic Swimming National Team and participating on the Olympic games.
- **Jordi Madera**, a Marathon athlete participating on Paralympics Game
- Sweetrade Bowling with **Ingrid Julia**, an athlete at the National Team
- Club Esportiu Karate **Nokachi** with many athletes on the National team and Regional team
- **CE Llerona** with 1 female soccer team on Preferent division
- Club Tir amb Arc Les Franqueses, with **Jordi Ricart** on the National Team.
- Club Patinatge Les Franqueses, with **Marta Domingo** on the National Team.
- AE Handbol LF with **Queralt Fornt** on the Regional Team
- **Agustí Pericas** playing waterpolo on the maximum division
- **CE Bellavista-Milan** with one social integration soccer female team
- **AE Ramassa** with one soccers male team in Africa
- **Carles Martínez**, 2nd coach of Toulouse Football Club



Les Fra



anqueses del Vallès

Sports
Events



Ajuntament de
les Franqueses
del Vallès

In Les Franqueses we have sports events all year around.

We have annual sports events well consolidated like the “Marxa Popular de LF” and others that are brand new but with a lot of participation like “Jornada d'esport i genere”. We also have international events that helps to situate Les Franqueses on the map and popular events opened to everyone. Sports competitions carried out by the clubs and entities are done during weekends and in summer time we organize sport activities for our young.

The set of all these activities is an indicator that in Les Franqueses it breathes sport and that if we manage to do so many activities it is mainly thanks to the involvement of all entities.

Sports events in numbers:

- More than **75 events** during the year
- More than **120 teams competing** every week
- More than **5 solidarity events** during the year
- More than **12 popular events** organized on the municipality
- **8 international competitions** during the year; tennis, cycling, hockey, handball and running
- **2 inclusive events** during the year: artistic swimming and handball
- **1 solidarity trip** per year to Africa

In Les Franqueses we **organize** sport events through the whole year. Some of them are organize directly by the **PME**, but the majority are organize by the entities with our support in all of them. The main important events organized by the town hall are:



Cros Popular i Cros Escolar

More than 500 participants along the whole morning. The Cross belongs to the region and is one with the most number of runners participating.

Day of sport and gender

Two years ago, on the frame of 8M (International Women's day) we began to celebrate the day with a festival act where the different entities that have a women's section do an exhibition of the sport they practice in the town hall square. We also take the opportunity to do some talks related to sport and women.



Popular Walk

The PME organizes a popular walk, suitable for all ages, with a route of 15 km through different places in the municipality. The walk includes a photography contest.



Sports Receptions

Athletes who during the season have achieved remarkable goals, such as league titles, Catalan and Spanish championships and participation in Europeans, world championships and Olympics are received at the Townhall by the Major and Sports Councilor.



Nit de l'Esport

It is the festival par excellence of sport in our municipality. Entities can apply for each of the categories. There is a prize for the best male and best female athlete in the formative, promotion and absolute categories. There is also a recognition for better coach and

finally a better team. Athletes resident in Les Franqueses who practice sport at clubs outside the municipality can also participate. A professional jury chooses 6 finalists in each category from among all the nominees. The winners are chosen by the secret vote of all the entities during a global meeting. Winners are announced during the dinner night. A video of each finalist is shown during the gala. Acknowledgments are also given to sports achievements done by different people.

The main international events organized by entities with the support of PME are:

ITF Women's International Tournament \$100.000

This tournament is considered the most important at state level in fast track and thanks to the important economic endowment that have. The event brings together players such as Anhelina Kalina, number 43 in the world or Jasmine Paolini, number 67 in the world during year 2022. Sara Errani, currently ranked 106 in the world and who in 2012, as a finalist at Roland Garros, was ranked 9th worldwide, took also part on the tournament.



Gran Premi Les Franqueses-KH7 de ciclocros

The Unió Ciclista Les Franqueses, organizes a cyclocross weekend every year. On Saturday with a night test, called Dark cross and open to all ages and the following day a scoring race for the Spanish or Catalan championship according to agreements. The test takes place on the Municipality installations for cycling. One day participants bike in one direction and the next day on the other way round.

On the **inclusive side**, we want to highlight these 2 events that are very new, but important for us and with good participation on athletes and people watching.

2nd Inclusive artistic swimming Summer exhibition

Club Natació Les Franqueses is an entity dedicated to the artistic swimming. One of the teams is inclusive. This team, practice each week and participates at the club exhibitions in summer and Christmas time, but also participates on this event promoted by the club and also by Onat Foundation who promotes sports activity as a cause that generates habits that helps social inclusion and the promotion of solidarity.

In the event, other clubs from the area with inclusive teams, participate on the exhibition. Also elite swimmers do an exhibition on the same day. It is a party in which all participants have the opportunity to show their improvements and get a medal for their achievements. PME participates on the organization and helps to spread the importance of the event.



National Master Wheelchair Tennis

In 2022 the Municipal Sports Complex hosted the Open Onat Foundation, International Wheelchair Tennis Masters. The Open's aim is to make inclusive tennis visible and aware, and for this reason, in addition to the competition, a wheelchair tennis clinic was also been organized. This tournament wants to bring together the 8 best players in this modality and the presence of names such as Martín de la Puente, number 1 in the Spanish State and number 9 in the world.; Quico Tur, 5 times present in the Paralympic Games and, Kike Siscar, world runner-up with the Spanish wheelchair tennis team helps to make the tournament visible and important. The celebration of the tournament also had a wheelchair tennis clinic held by the no. 9 in the world ranking, José Corredor. The clinic was well valued for all the participants that took part of it.



Sport Campuses

The town council is aware of the importance of organizing sports and recreational activities in holiday periods to help family reconciliation. The range of activities offered is extensive and varied. The sport campus are offered by Patronat Municipal d'Esports and sports clubs. The activities are done in sports facilities and schools.

Juliol Esportiu is the activity organized by PME. It is offered to children aged from 5 to 16 years old. It includes different activities like basketball, handball, soccer, archery, games among others. They also go to the pool every day.

The campus price is under 120€ for the whole month.



Finally, another important event for us is the celebration of **European Sports week**.

The PME together with Municipal Sports complex organize during this week different free sport activities to promote sport and healthy lifestyle. The activities take place out of the complex and are opened to all the people that wants to try and participate. The activities organized are Zumba, fitcombat, steps, tabata, GAC, fullbody and HIIT.



Following, events organized during year 2022

January

26th Popular Cross and 29è School Cross.

- Running
- 420 participants
- Organized by PME with the support of Club Basquet LF



February

La Mitja

- Running
- 3.000 participants
- Organized by Lamitja with the support of Granollers, LF and LG townhalls



Badminton competition day

- Badminton
- 50 participants
- Organized by PME and CEVO



Trophy Muixing La Ullals

- Mushing
- 120 participants
- Organized Club Canicros LF with the support of PME

Competition Teams Presentation UCLF

- Cycling
- 15 participants
- Organized Unió Ciclista LF with the support of PME

Voting event for the best Sportsman and sportswoman of LF

- All sports
- 45 participants
- Organized PME

2022

March

25a Sports Nit of LF

- All sports
- 260 participants
- Organized PME



Sports and Gender day

- Basketball, volleyball, twirling, roller-skate, karate, twirling, archery, cheerleading
- 150 participants
- Organized by PME

Presentation and press conference International BTT cup

- Cycling
- 50 participants
- Organized by Club Ciclista Corró d'Amunt and PME



April

Oncodines trail

- Running and walking
- 775 participants
- Organized by Oncodines with the support of PME



Walking day for people +65

- Walking
- 140 participants
- Diba with the support of PME

Solidarity book presentation of AE Ramassà

- Soccer
- 40 participants
- Organized by A.E.Ramassà and PME

CRI BTT International Catalan Cup

- Cycling
- 205 participants
- Organized by Club Ciclista Corró d'Amunt and PME

BTT International Catalan Cup

- Cycling
- 450 participants
- Organized by Club Ciclista Corró d'Amunt and PME

Following, events organized during year 2022

May

Badminton competition day

- Badminton
- 40 participants
- Organized by PME and CEVO

19e Caminada Popular de Les Franqueses

- Walking
- 430 participants
- Organized by PME with the support of AEHLF



2022

June

Sector Infantil Handball fem (Spanish championship)

- Handball
- 85 participants with 800 viewers
- Live broadcast of all games
- Organized by PME with the support of AEHLF

Twirling Festival

- Twirling
- 80 participants with 200 viewers
- Organized by Club Twirling LF with the support of PME

Artistic swimming Summer exhibition

- Swimming
- 50 participants with 175 viewers
- Organized by CNLF and PME

Game and sport day

- Basketball, handball, tennis, padel, karate, volleyball, badminton, cycling
- 330 participants
- Organized by PME



Closing Act CBLF

- Basketball
- 220 participants
- Organized by CBLF and PME

Inauguration of outdoor sports area Bellavista

- Soccer, Volleyball and Basketball
- 50 participants
- Organized by PME

50th anniversary Bellavista Milan

- Soccer
- 300 participants
- Organized by Club Bellavista Milan with the support of PME

Basketball summer tournament (pre-mini and mini categories)

- Basketball
- 185 participants
- Organized by CBLF with the support of PME

Summer breakfast for groups activities +65

- Gymnastics
- 55 participants
- Organized by PME

Closing Act CE Llerona

- Soccer
- 550 participants
- Organized by CE Llerona with the support of PME

Open BCN Gran Premi LF

- Cycling
- 107 participants
- Organized by UCLF with the support of PME

Granollers CUP

- Handball
- 5.220 participants
- Organized by BM Granollers with the support of PME



Following, events organized during year 2022

July

7th Tournament hockey

- Hockey
- 250 participants
- Organized by CHLF with the support of PME

2on Inclusive artistic swimming Summer exhibition

- Swimming
- 50 participants with 175 viewers
- Organized by CNLF, Onat Foundation and PME

XV Night Walk Corró d'Amunt

- Walking
- 406 participants
- Organized by Club ciclista Corró d'Amunt with the support of PME



Juliol Esportiu (summer activities)

- Multisport
- 300 participants
- Organized by PME



Cycling Summer camp

- Cycling
- 52 participants
- Organized by UCLF with the support of PME

Soccer Summer camp CE Llerona

- Soccer
- 55 participants
- Organized by CE Llerona with the support of PME

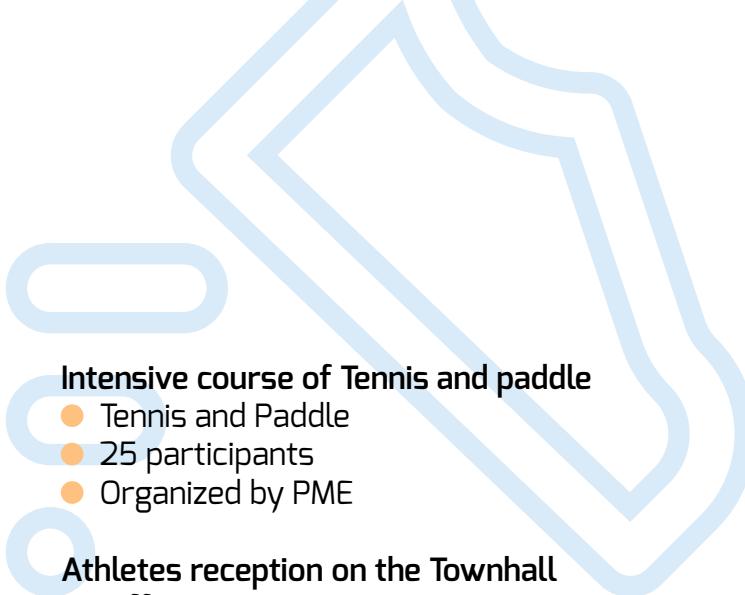
Soccer Summer camp Bellavista Milan

- Soccer
- 25 participants
- Organized by Club Bellavista Milan with the support of PME

Soccer Summer camp CFLF

- Soccer
- 45 participants
- Organized by CFLF with the support of PME

2022



Intensive course of Tennis and paddle

- Tennis and Paddle
- 25 participants
- Organized by PME

Athletes reception on the Townhall

- Different esports
- 275 participants
- Organized by PME

30th Basket Tournament La Perestroika

- Basketball
- 90 participants
- Organized AE la Perestroika with the support of PME

Opening ceremony Archery outdoor field extension

- Archery
- 250 participants
- Organized by Club Arc LF with the support of PME

Torneig Navetan

- Soccer
- 100 participants
- Organized by Associació sociocultural i esportiva del VO with the support of PME

August

Tournament basketball Age 11 to 13

- Basketball
- 200 participants
- Organized by Club Basquet LF with the support of PME



Following, events organized during year 2022

September

Tournament basketball Age 13 to 15

- Basketball
- 300 participants
- Organized by Club Basquet LF with the support of PME

Preliminary 11th Trophy soccer Ajuntament de LF

- Soccer
- 45 participants and 50 viewers
- Organized by PME

11th Trophy soccer Ajuntament de LF

- Soccer
- 112 participants and 140 viewers
- Organized by PME



1st Tournament base soccer Corró d'Amunt

- Soccer
- 240 participants
- Organized by US Corró d'Amunt with the support of PME

3x3 Memorial Juan Hernández

- Basketball
- 100 participants
- Organized by Club Basquet LF with the support of PME

1st Tournament fem soccer Bellavista Milan

- Soccer
- 125 participants
- Organized by Club Bellavista Milan with the support of PME

Roller skate trophy

- Artistic roller skate
- 150 participants
- Organized by Club patinatge LF with the support of PME

European week of sport

- Gymnastics
- 147 participants
- Organized by CME and PME

2022

October

Athletes reception on the Townhall

- Different esports
- 50 participants
- Organized by PME

Presentation and press conference Tennis Gorchs project

- Tennis
- 30 participants
- Organized by Club Tennis Els Gorchs and PME

Presentation teams CE Llerona

- Soccer
- 500 participants
- Organized by CE Llerona with the support of PME

XIII Handball Tournament Memorial Joan Bufí

- Handball
- 250 participants
- Organized by AEHLF with the support of PME

Presentation of solidarity trip to Africa

- Soccer
- 35 participants
- Organized by AE Ramassà with the support of PME

Athletes reception on the Townhall

- Different esports
- 75 participants
- Organized by PME

Tast de La Mitja

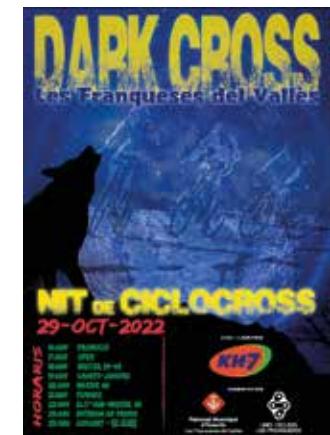
- Running
- 1000 participants
- Organized by Lamitja with the support of Granollers, LF and LG townhalls

XI International Tournament ITF 100.000\$

- Tennis
- Live broadcast of some games
- 32 participants + 500 viewers
- Organized by Club Tennis Els Gorchs and PME

Dark Cross

- Cycling
- 370 participants
- Organized by UCLF with the support of PME



International CX

- Cycling
- 377 participants
- Organized by UCLF with the support of PME

1st Marxa Gravel

- Cycling
- 53 participants
- Organized by UCLF with the support of PME

Following, events organized during year 2022

November

National Master Wheelchair Tennis

- Tennis
- Live broadcast of some games
- 8 participants + 100 viewers
- Organized by Club Tennis Els Gorchs and PME

XXXI Popular Walking Llerona

- Walking
- 861 participants
- Organized Festes Laurona

Presentation and press conference 10 KM LF

- Running
- 20 participants
- Organized by A4elKM and PME

Els 10km de LF Mini

- Running
- 120 participants
- Organized by A4elKM and PME

Els 10km de LF

- Running
- 350 participants
- Organized by A4elKM and PME

2on Movember bike day

- Cycling
- 300 participants
- Organized by Movember bike + UCLF with the support of PME

Presentation teams CF Les Franqueses

- Soccer
- 350 participants
- Organized by CF Les Franqueses with the support of PME

Training "Prevention of risk behaviors through sport"

- Different sports
- 40 trainers and monitors
- Organized by PME and C17

Walking day for people +65

- Walking
- 150 participants
- Diba with the support of PME

Karate exhibition

- Karate
- 160 participants + viewers
- Organized by CE Karate Nokachi and PME

December

Presentation teams AE Handbol Les Franqueses

- Handball
- 200 participants
- Organized by AEHLF with the support of PME

Presentation solidarity Tale AE Ramassà

- Soccer
- 25 participants
- Organized by AE Ramassa with the support of PME

Presentation teams CB Les Franqueses

- Basketball
- 220 participants
- Organized by CBLF with the support of PME

Closing acts 25 anniversary Club Arc Les Franqueses

- Archery
- Book presentation of Lluis Culí
- 85 Participants
- Organized by Club Tir amb Arc LF with the support of PME

Christmas closing of tennis. Open doors

- Tennis
- 50 participants
- Organized by PME

Trophy Muixing La Ullals

- Mushing
- 55 participants
- Organized Club Canicros LF with the support of PME

Roller skating Christmas Festival

- Roller skating
- 150 participants
- Organized by Club Patinatge artístic LF with the support of PME

Artistic swimming Christmas Festival

- Artistic swimming
- 85 participants
- Organized by Club Natació Les Franqueses with the support of PME

Christmas Breakfast for people +65

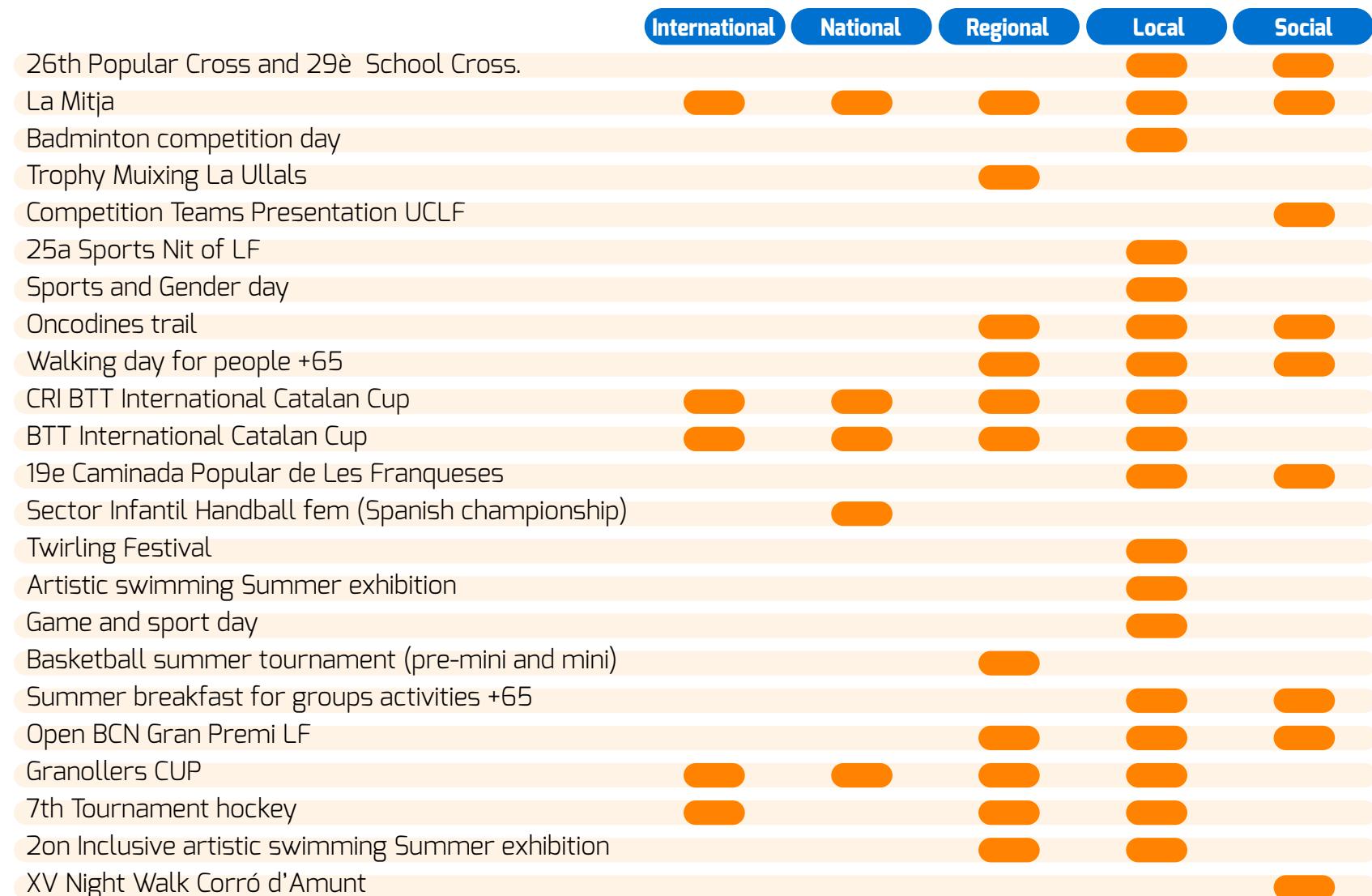
- Nordic walking and maintenance gymnastics
- 100 participants
- Organized by PME

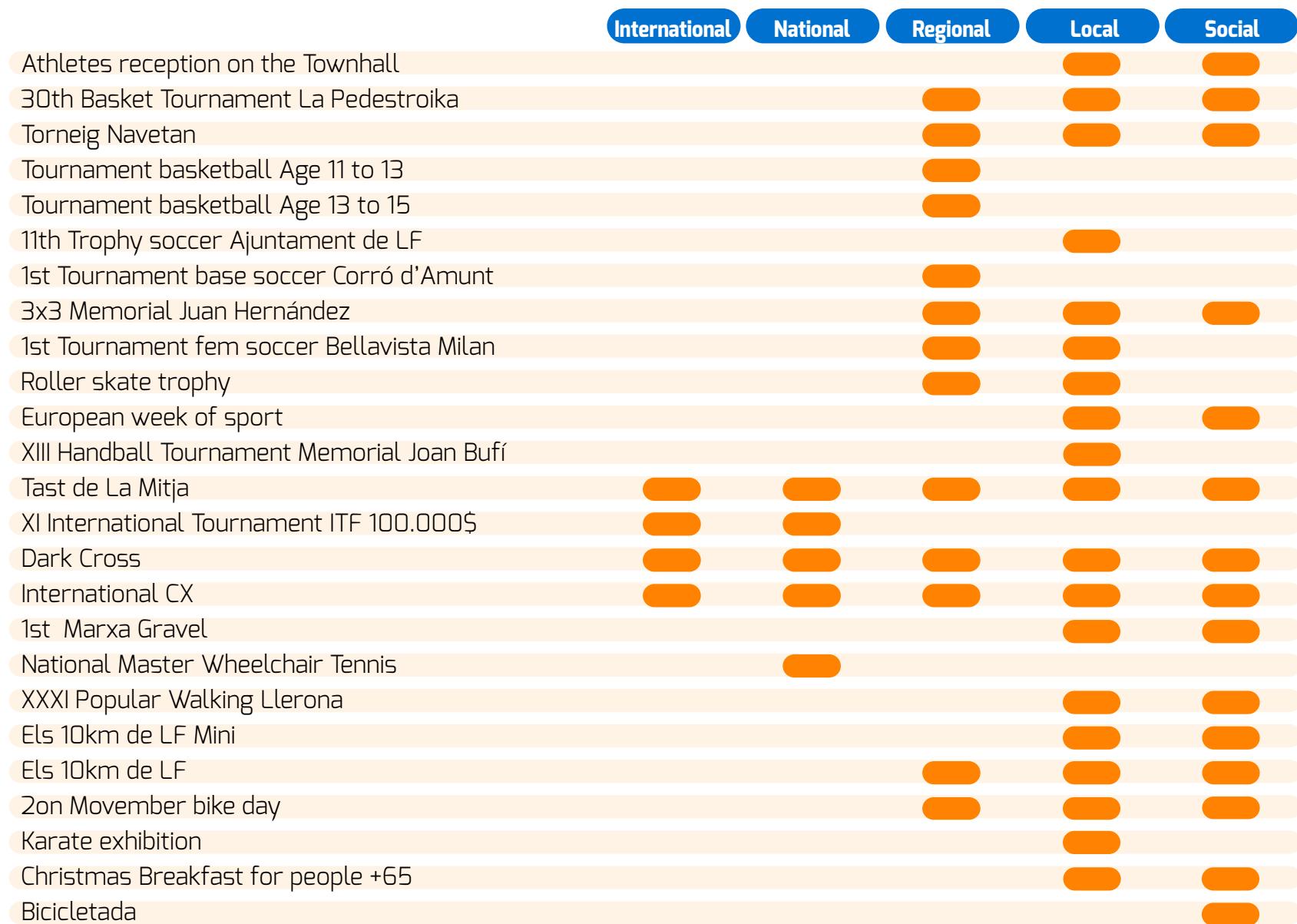
General Council PME

- Meeting with all entities
- 48 participants
- Organized by PME

2022

The events classification scope





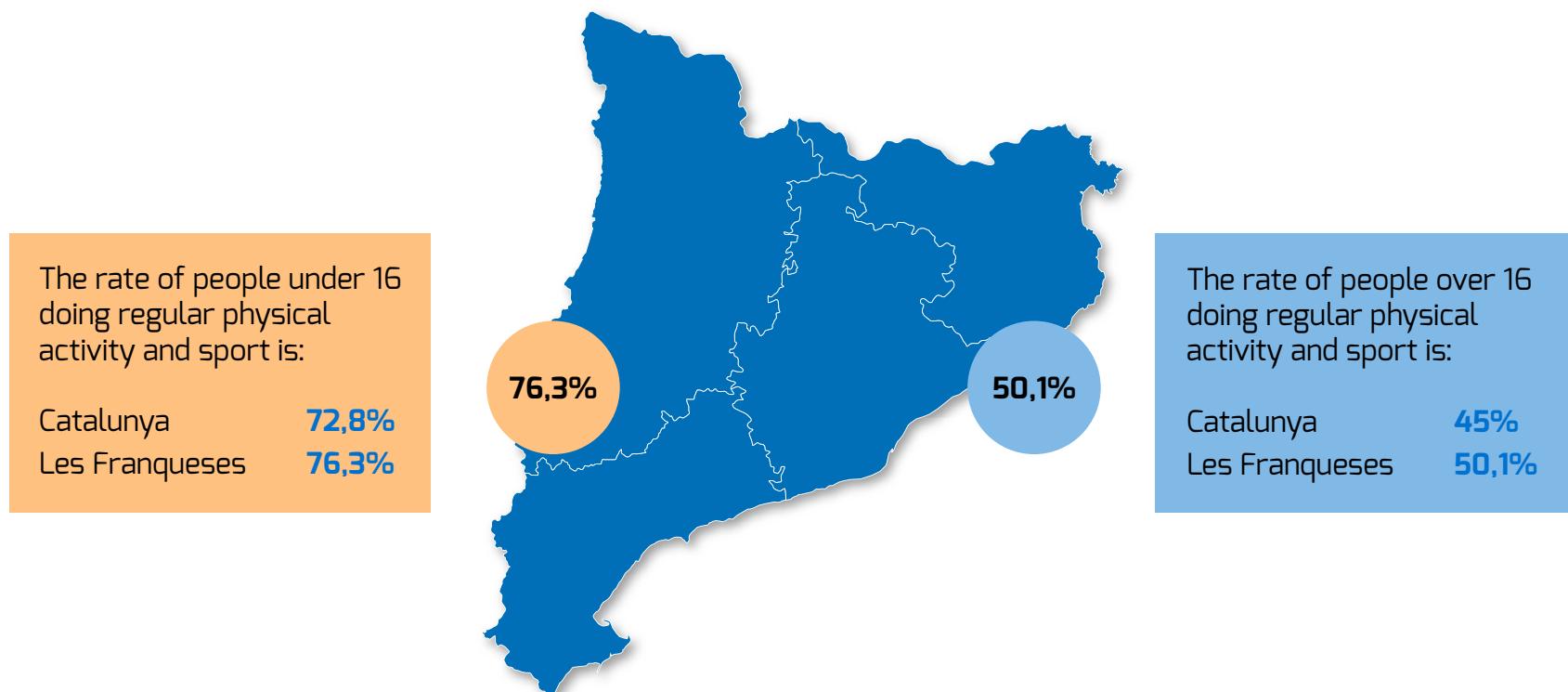


A group of six children, three boys and three girls, are gathered on their bicycles in a grassy park. They are all wearing helmets and safety gear. The children are dressed in casual outdoor clothing. In the background, there is a wooden fence and a line of trees. An orange speech bubble is positioned in the upper left corner of the image.

Sports Programs

Sport is an essential service for a good physical and mental health. Sport at school level allows children to acquire values and habits that help them on their future development. Sport for elderly is also important because it helps to maintain a healthy lifestyle.

The rate of physical activity and sport among the school-age population outside school hours is 85%



We mainly have 3 different program

- Municipal sport schools
- Program to promote sport on schools (PEPE)
- Programs for adults and elderly

Municipal Sport schools

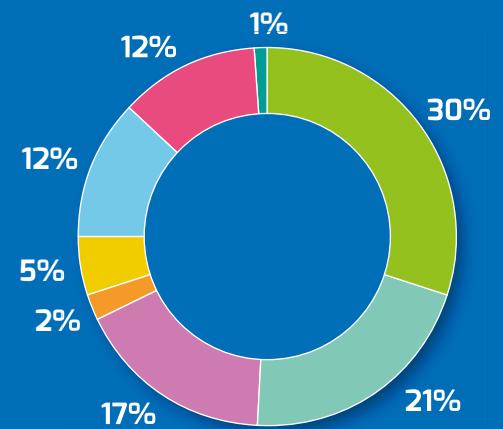
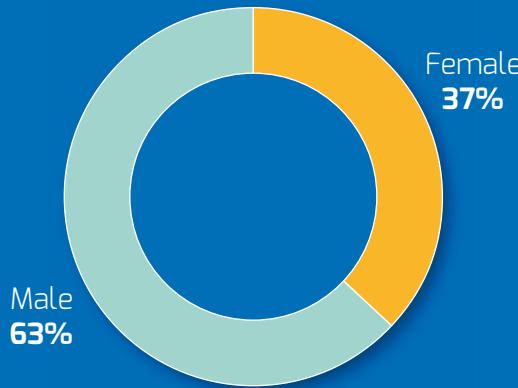
One of the projects that satisfies us the most is the creation and operation of **municipal sport schools** for some sports with the main objective of promoting them.

The PME finances these activities to ensure that the price is not a barrier to their practice for our families. The PME is responsible for the proper functioning of the different sport schools, but it is the collaborating entities that are responsible for carrying out the training. Always with the awareness and priority that the basis of everything we do and be are the human values that identify us. We want to transmit and work with all the athletes values such as respect, ambition, teamwork, humility, effort, commitment, fair play and joy... this guides the path and orientation we want for our community.

The promotion stage goes from 6 years old to 16 years old. But all athletes have the opportunity to continue practicing the sport chosen on the same entities.

The municipal Sports Schools are:

		Athletes								
		Basketball	Handball	Tennis	Badminton	Cycling	Volleyball	Karate	Paddle	TOTAL
Male	133	95	76	6	33	15	55	1	414	
	64	45	35	4	2	65	22	4	241	
	197	140	111	10	35	80	77	5	655	



- Basketball
- Handball
- Tennis
- Badminton
- Cycling
- Valeyball
- Karate
- Paddle



PEPE (Programa Escolar Promoció Esportiva) Program

This is a program done by PME for the schools. It is made up of a set of activities that the PME organizes and carries out in all the schools of Les Franqueses that have primary education. The aim of the program is to bring the PME closer to the schools by promoting those sports that most identify with the training work of Patronat Municipal d'Esports by making known other minority sports that are also practiced in the municipality.

The program also includes swimming lessons for all kids in first grade of primary school giving them the opportunity to learn to swim with no cost and effort for the families since the activity is done during school time.

This year we have included the bicycle activity because of the importance of making people aware of the need to move towards sustainable and safe mobility.



Programs for Adults and elderly people

We also have different programs adapted to adults and elderly that wants to continue with the practice of sport to take care of themselves and get healthy habits.

- Tennis classes for adults
- Paddle classes for adults
- Nordic walking
- Maintenance gymnastics
- Walks for elderly

The prices of these activities are very popular. Nordic walk is 38€ every 3 months. Maintenance gymnastics is 57€ for adults and 20€ for elderly every 3 months.



Sport for all

In Les Franqueses we have a wide range of sports offering for almost everyone that wants to practice sport. No matter the age neither your conditions. It is important to promote sport to avoid social exclusion no matter which is the reason; economical, cultural, physical or psychological. There are several clubs, entities and private business that offers different programs. You just have to be willing to do sports to find the one that best suits your needs. But we also have outdoor spaces for open sport practice.

1 Inclusive forest circuit

5 Circuits for Elder people

3 Areas with outdoor fitness machines

2 Sport courts

2 Skate parks

3 School yard

3 Areas with table tennis tables

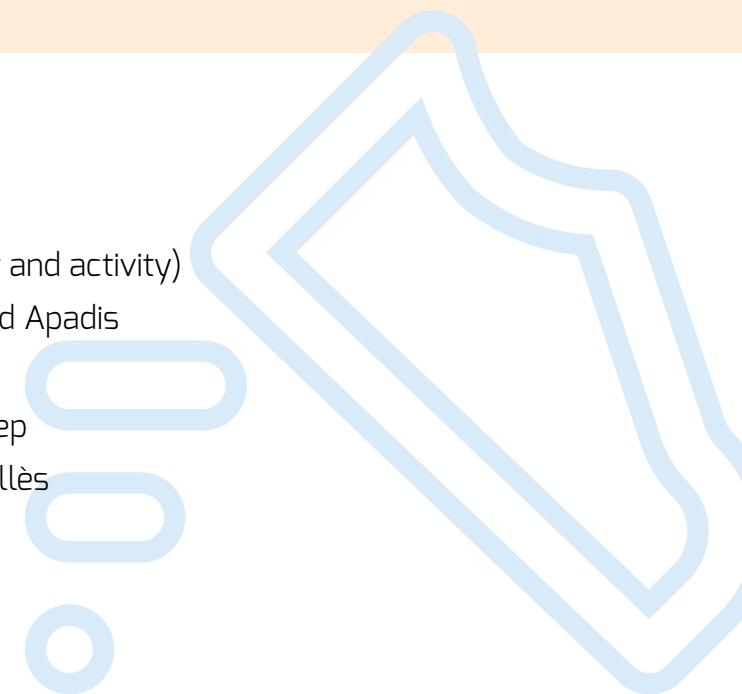
2 Petanque courts

1 Pump truck

4,5 Km of CX circuit

Les Franqueses del Vallès has:

- Scholarship for schoolchildren given by the townhall
- Subsidized prices in municipal sports schools (the average is 280€ per year and activity)
- Adapted handball for people with intellectual disabilities. AE Handball LF and Apadis
- Artistic swimming for people with intellectual disabilities. CNLF and Apadis
- Archery for people with intellectual disabilities. Club Tir amb Arc and Apindep
- Archery for people affected by breast cancer. Club Tir amb Arc and Oncovallès
- Cycling for people with down syndrome
- Yoga for elderly







**Agreements &
Partnerships**

**Collaborating with other organizations is important to be able
to develop our sports and healthy living programs.**

**Les Franqueses del Vallès have different agreements and
partnerships with organisations in the educational and sport sector.**



Institutional relations

One of the main partners and collaborations we have is with **Consell Català de l'Esport - Govern de la Generalitat de Catalunya** that subsidizes sports programs we organize.

We also have a long and close relationship with **Diputació de Barcelona (Barcelona provincial authority)**. Through them, we obtain different resources (materials and economics) to be able to develop and carry out different crucial projects for the constantly sports promotion in the municipally. Some of the last projects done are:

- feasibility study new pavilion
- Remodeling project of the municipal complex

We have now requested a resource to be able to develop and promote sport in areas with high risk of exclusion.

Another important partner for us are the **Federacions Esportives Catalanes** (Catalan sports federation) with:

- mutual collaboration agreements
- assignment of spaces
- programs participation programs and improvement of refereeing
- training of sports technicians

Last but not least we have the agreement with **Consell Esportiu Comarcal Vallès Oriental** with the objective of promoting sport among schoolchildren and to the work in sport values and the awareness of the benefits of practicing sport and having a good healthy lifestyle.



Universities

We have agreements with different universities to give their students the opportunity to do the curricular practices of their studies with us. We mainly have agreements with

- Institut Nacional d'Educació Física de Catalunya (INEFC) - Universitat de Barcelona
- Blanquerna - Universitat Ramon Llull
- Universitat de Vic - Universitat Central de Catalunya



Local and Regional organizations

Schools

We have partnership agreements with all public **primary schools** for developing the PEPE program we explained before. Also we have agreements with two of them to use their sport facilities for the promotion of sport among schoolchildren. Agreements with the 2 **secondary schools** are signed for using the sport spaces in a reciprocal way. Finally we have an agreement with **Institut Lauro Vocational training** to work together in projects to promote sport and healthy habits among the entire population.

Social integration and inclusive sport

Social integration is important in our municipality due to the diversity of the population we have depending on the different towns that make up Les Franqueses del Vallès. On the other hand, we cannot leave out inclusivity. For this reason we have agreements with:

- **Fundació Apadis les Franqueses**
- **Hospital Sant Joan de Déu Barcelona**

With **Apadis** we have 2 types of agreement; for sport promotion with people with intellectual disability and also for giving work facilities in sport installations.

And now we are working with the organization **Capaç i vida** to get an agreement.



Solidarity sports projects and cooperation

The **Associació Esportiva Ramassà** is a football club and NGO from Les Franqueses del Vallès, contributing member of Mr. Victor Ochen's African Youth Initiative Network (AYINET) and ambassador of the United Nations Sustainable Development Goals (SDG), and the United Nations logo is proudly worn on their football kit.

They have been organizing cooperative projects in Africa for the last years which all include a football match against one of the best teams of each country plus work with the country's NGO's and associations to help them fund projects aligned with the club's values.

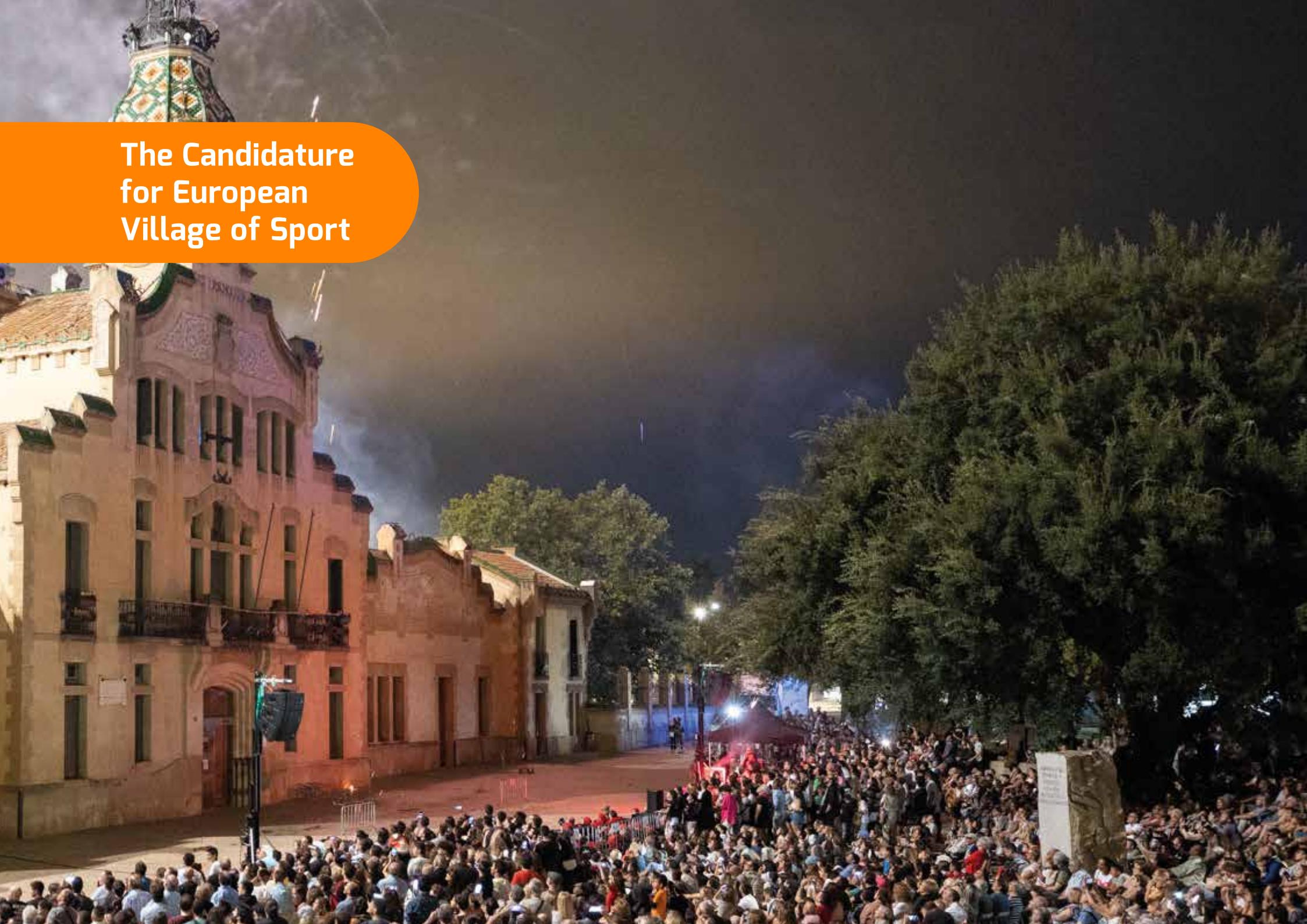


Others

- **Associació Esportiva la Mitja** (Mitja Marató Granollers-les Franqueses-La Garriga) to promote popular participation in short and medium distance races. The program "Entrena la Mitja" which serves to get people started in the practice of running, is included.
- **Oncodines** with whom we have signed an agreement to promote hiking and solidarity, since the money collected goes entirely to projects to fight cancer.
- **Col·legi oficial de professors i graduats en ciències de l'activitat física i l'esport (COPLEFC)** who advise us in the process of obtaining the seal of quality in municipal sports management.





A wide-angle photograph of a park at night. In the foreground, a large crowd of people is gathered, some sitting on the grass and others standing. To the left, there are several buildings with traditional architectural details, including a prominent tower with a colorful, patterned roof. The sky is dark, and the overall atmosphere is lively and social.

The Candidature for European Village of Sport

**The promotion of sport and physical activity is one of ACES Europe's aims.
The objectives of ACES Europe in appointing the European Village of Sport
are in the same lines as those we basically want to develop such as
high-quality sport programmes for the entire population.**



Working Committee for the European Village of Sport

It is important for the project to have the involvement of different members and agents of the sport system of Les Franqueses. For this reason a working committee has been created in order to contribute on the candidacy with added value and different points of view.

MEMBERS

Town Council

- Manager PME
- Sport technicians
- Communication area

Sports agents, organizations and schools

- Representative of the entities on the PME Board
- Sports clubs and entities
- Institut Lauro

Others



Objectives of the candidacy

The objectives are:

- Place Les Franqueses on the map as an active sport town.
- Organize different activities during the year to promote sport and healthy lifestyle in 2 direction:
 - By age: Sport can be practice by everyone, no matter the age you have
 - By implication: as a hobby till competition
- Work on inclusion and equality through sport in schools, entities and sport clubs
- Work on values as fair play, teamwork, respect and effort through sport and education.
- Be a partner for our entities and sports clubs for events organization



Events schedule for 2024

Additionally of the regular events and competitions we have in a normal year, for 2024 we would like to extend our offer with **new activities**.

We have programmed activities and events taking into account the village, our people and entities and sport clubs.



3x3 competition

We are working together with Federació Catalana de Bàsquet, to include Les Franqueses on the circuit competition of 3x3. This will impulse basquetball on the area and allow us to see the best players in the Catalan region on this discipline.

Twirling Catalonia Championship

for young categories

Twirling is a discipline people can practice on our municipality. The club is brand new but with a lot of enthusiasm and energy for helping athletes to get the highest level. Now they always have to compete out of the area, but for next year we have applied for being headquarters for the Catalonian championship.



Catalonian Championship of Karate

We have the municipal school of karate plus 2 sport clubs. In total, more than 250 people are practicing this discipline in Les Franqueses. Karate Nokachi is a sports club with many athletes on the regional team and national team. Together with the club we have applied for the Catalonian championship and already get the confirmation. It will be held on the first quarter of February 2024. We have also applied for the National championship. No answer for the moment.

1st Stone for the new pavilion

Taking advantage of the candidacy of European sports village, we will hold the act of laying the first stone for the works of the new pavilion that we plan to carry out. It is a pavilion where the entities involved have participated on the definition of the spaces and the needs.

Activation Quality Stamp Catalan Sports System by COPEFC

We started to work on it in 2022, but we want to reactivate it during 2024 and get the qualification to certify our sport services giving more confidence to our customers and citizens in general.



Gymcana Familiar

We have got an agreement with a Sports Vocational training school. They will develop a full program for a family day with a set of test of dexterity and ingenuity carried out for family teams along an outside route and for fun purpose. The main goal is promote outdoor family activities focus on sports and physical activity.

School Olympiads

Working together with students of the Sports vocational school and physical education teachers for primary and secondary, we want to organize an Olympiad among kids on the last grade of primary from all municipality schools. To be able to do so, some entities will participate also on the event organization.

Jocs adaptats Catalans

We have done the first contacts to be able to organize the Adapted Catalan Games.

They were created to encompass adapted sports competitions and activities in the same venue. Mainly, Championships of Catalonia. By bringing together the maximum number of athletes, it increases the appeal of the competition and dignifies it.

There are different activities organized at the same time to increase awareness like conferences, school activities, exhibitions and promotion



Cheerleading International Competition

Les Franqueses del Vallès has different groups on the cheer competition. Best cheer, stunt and teams are the modalities practiced in our village.

To impulse this sport we will organize together with the entity an international tournament. First approaches have been done with positive results. It is also a very visual sport being a good show for the attendants.

Conferences on functional diversity

“Capaç i vida” is an association created by young people with the objective to show diversity as something normal so that one day we stop talking about inclusion and start talking about coexistence. Their talks are focused on raising awareness to ensure that there are fewer and fewer barriers to participation under equal conditions.

We have had the first contact with the entity to organize conferences for all the entities and sport clubs.



Closing Act for the Seniors Cycle walks

Sports area from Diputació de Barcelona promotes since 2001 a cycle of walks for elderly people aware of the healthy benefits that the physical activity of walking brings for the population in general and for this group in particular.

Les Franqueses participate on the cycle of walks each year. At the end of the season there is a big party for all the municipals that have participate on the program. We want to host the program's closing ceremony in which more than 1.000 people takes part.

Volta Ciclista a Catalunya

We have made the first contacts to be able to be the start or arrive at anyone of the stage of the 2024 Cycling Tour of Catalonia.

It has been a long time since the Volta has passed through the Vallès and it would be an opportunity to bring such an important race closer to our municipality where many cycling competitions are already held and to make Les Franqueses and our candidacy known throughout the country.



Others

- We want to organize "**La Festa de l'Handbol Català**" (Catalan Handball party) in Les Franqueses. We are in contact with the Federation in order to check possibilities
- Badminton is a sport we offer in our municipality sports school, but it has low participation. We want to promote this sport being the headquarter for the **School games of Badminton**.
- Cycling is a very visible sport in our municipality. We have two cycling associations, which organize 4 high-level competitions open to professional and amateur cyclists. One of the entities wants to step forward and organize an **International Cycling Competition** test with more foreigner participation where the PME will be by its side to carry out the organization.
- Archery sports club has grown in the last years. Nowadays it is in the top 5 entity in Les Franqueses with higher number of members. The results on Catalan championships have been really good in the last 2 years. One of the improvements done on the installation was the outdoor field with the enlargement of the shooting area. In 2024 we would like to organize a **Catalan Archery Competition**
- **New walking circuits.** We have work during 2022 and 2023 with Diputació de Barcelona on the paths signaling.
- **Mural painting.** Paint a mural related to candidacy and sport in the pavilion area with the participation of all people enrolled in the sport activities program. From the youngest to the oldest.

Promotion d'Innovation
d'Entreprise
Les Financements des Villes

250 M€ de l'Etat et LF
Finances
Temporales 2021-22

Promotion d'Innovation
d'Entreprise
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28

27

15

A dynamic scene of a running race. In the foreground, several runners are in motion on a paved road. A man in an orange tank top with the number 5 is prominent on the left. Behind him, a man in a red shirt and another in a blue and red patterned shirt are also running. To the right, a large crowd of spectators, mostly women, are sitting on a stone wall or bench, many holding up smartphones to take pictures. A man in a grey t-shirt stands on the wall, supervising the race. The background shows a white building and some trees.

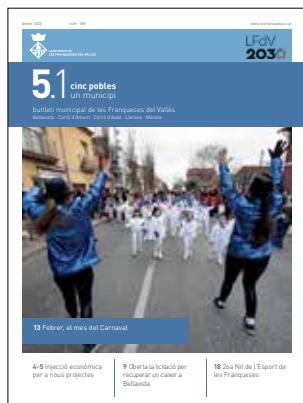
Communication

Communication is essential to be able to promote sport and healthy lifestyles throughout the population. If we want to publicize the candidacy and all the program of events and activities planned for 2024, reaching the entire population is a key point to get them all involve.



Different actions have been proposed to make the candidacy known to the public and to promote the different activities throughout the year

- **Logo Design** in order to use in all type of communication material we do along the year.
- **Producing a video** to promote the candidacy among our neighbors and outside our municipality
- **Municipal Bulletin.** Les Franqueses have a monthly bulletin called 5.1 in which the most remarkable issues and events of the month are highlighted. We want to dedicate a fix space on the magazine to the European village of Sport with the events done and the ones to be done
- **Banner** on Les Franqueses web site to promote all social and sportive actions to be done during the year.
- **Billboards** in all sportive installations and events to be done with the logo of European village of sport
- **#LFvilaeuropeadelesport24** Hashtag to be used for all posts on networks related to Les Franqueses as European Village of sport
- **Merchandise.** Specific merchandise for cross popular, nit de l'esport and caminada popular, to spread the brand events
- **Opening party** to publicize the activities and events during the year in which LF will be European village of sport.
- **Closing party** at the end of the year to celebrate the action done during 2024 to promote sport and healthy life style among our people



#LFvilaeuropeadelesport24

Within these proposals, the town council of **Les Franqueses del Vallès** has other available ways of communication with its residents, such as social networks where more than 3 publications are made daily to facilitate communication and make known events of the day.

The city council has profiles on the following social networks that should help us promote the **European Village of Sport 2024**

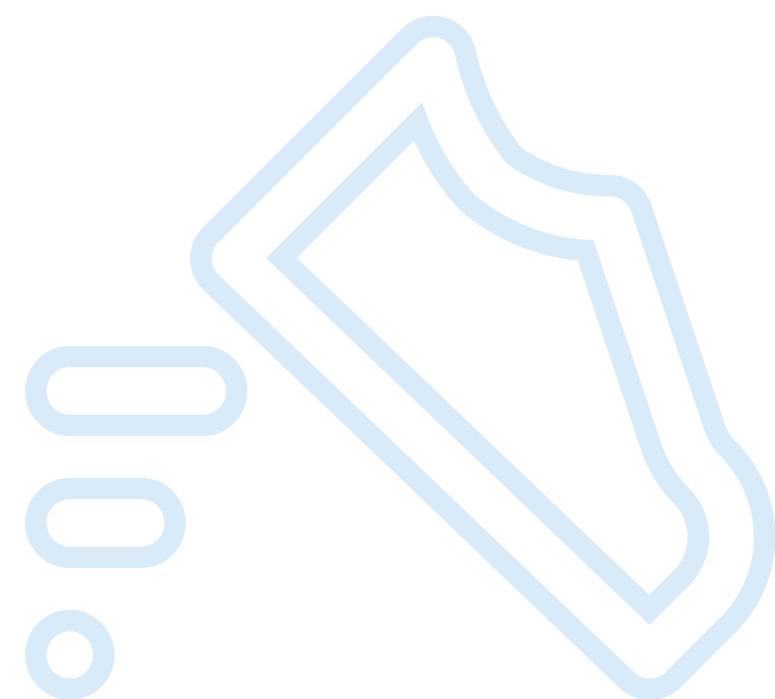


The Patronat Municipal d'Esports has **Facebook** and **Instagram**

Followers

Town Hall **4084**
 6031
 4575

Patronat
Esports **1837**
 471





LES FRANQUESES DEL VALLÈS



CANDIDATA A VILA
EUROPEA DE L'ESPORT

2024

What the reference athletes of Les Franqueses say about the candidacy?



Jordi Madera
*Paralympic Marathon
Athlete*



Consistency is the key
to achieve your dreams

Txell Mas
*Olympic athlete.
Member Artistic Swimming
National Team*



Ajuntament de
les Franqueses
del Vallès



Patronat Municipal
d'Esports
Les Franqueses del Vallès